

March 2016

Breakfast: Fruit Juice or fresh fruit.

Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

PM Snack: Fresh Fruit & water

Fruit Selections: Grapes, Apples, Oranges, or Bananas

Juice Selections: Apple or Grape

* B&B: Bread & Butter

	Monday	Tuesday	Wednesday	Thursday
<i>Breakfast</i> <i>Lunch</i> <i>PM Snack</i>		1 Waffles w/fruit chicken salad on bread carrots and broccoli Mixed Fruit applesauce & grahams	2 cereal cheesy scrambled eggs peas and carrots biscuits and fresh fruit Goldfish	3. Fresh Fruit chicken noodle soup roasted potatoes salad fresh fruit and crackers Chex Mix
<i>Breakfast</i> <i>Lunch</i> <i>PM Snack</i>	7 Professional Development Day CLOSED	8. Oatmeal spaghetti w/ Marianna carrots and broccoli fresh fruit ants on a log	9 Pancakes W fruit grilled chicken sandwich peas and carrots fresh fruit Animal Crackers	10 english muffins sloppy joes roasted potatoes & salad fresh fruit frozen fruit pops
<i>Breakfast</i> <i>Lunch</i> <i>PM Snack</i>	14 mini bagels spaghetti & meatballs spinach salad fresh fruit fish in a pond	15 apple squares Chicken Fjitas carrots & broccoli fresh fruit junior trail mix	16 toast sticks cheese Quesadilla peas and carrots fresh fruit cheese-its	17 Lucky charms chicken pot pie roasted potatoes salad and fresh fruit honey vanilla dip w/ fruit
<i>Breakfast</i> <i>Lunch</i> <i>PM Snack</i>	21 waffles chicken&bean enchiladas spinach salad fresh fruit taco chex mix	22 Banana yogurt bites beef & noodle carrots and broccoli fresh fruit pretzel sticks	23 cinnamon rolls crispy baked chicken peas and carrots fresh fruit vanilla wafers	24 Fresh Fruit ham & cheese subs roasted potatoes& salad fresh fruit Cheese & Crackers
<i>Breakfast</i> <i>Lunch</i> <i>PM Snack</i>	28 hash browns & fruit Meatloaf baked beans & salad fresh fruit& dinner roll	29 cereal parfaits chilli carrots and broccoli corn bread and fruit	30 apples and grahams chicken stir fry & rice peas and carrots fresh fruit	31 Toast 1/2 ham&cheese sub roasted potatoes salad and fresh fruit
		corn chips and salsa	carrots and dip	whole grain mozz bread

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or Fruit Juice is served.

Friday

4	Banana Butterfly grilled cheese celery sticks fresh fruit Grahams
11	fruit parfait Cheese ravioli breadsticks, fresh fruit Pears cheese and crackers
18	Cinnamon Toast beef tacos celery sticks fresh fruit Veggies with dip
25	Oatmeal sesame noodlesw/ chicken celery sticks fresh fruit snack mix