

June 2018

Toddler substitution in ()

Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, or bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	4. Mini bagels/milk	5. Banana/Gram/milk	6. Rice Krispies/milk	7. Oatmeal/fruit/milk	8. Raisin Bread/Milk
Lunch	ham and cheese on wheat Baked Beans Fresh Fruit	Chicken Tenders Broccoli Fresh Fruit	Chicken Alfredo Cooked Carrots Fresh Fruit	Sloppy Joes on Wheat Roasted potatoes Fresh Fruit	Lasagna w/meat Cooked Corn Fresh Fruit
PM Snack	Apples/pretzels/water	Pita chips/Ranch & juice	Animal crackers/Juice	Cheese & Crackers/water	Chex Mix/juice
Breakfast	11. Berry Kix w/pears	12. Peaches/grams milk	13. wg cereal w/milk	14. Yoghurt w/cheerios/milk	15. oranges/milk
Lunch	Spagetti & meatballs Broccoli Fresh Fruit	Chicken Fajitas Soft Fresh Fruit Cooked Carrot	Cheese Pizza Fresh Fruit Cooked Peas	Chicken Pot Pie, Biscuits Roasted potatoes Fresh Fruit	Beef Tacos, shells, lettuce, cheese Refried Beans Fresh Fruit
PM Snack	chips/salsa/water	Ants on a log/raft/juice	Cheese-its/juice	cheese cubes/pretzels/water	Junior raisin mix/juice
Breakfast	18. Biscuit w/butter/milk	19. Waffles/milk	20. Cheerios/milk	21. Cinnamon Oatmeal/milk	22. Cinnamon rolls/milk
Lunch	Meatloaf Red potatoes Fresh fruit/dinner rolls	Beef & Noodles Cooked Carrot Fresh Fruit	Chicken Tenders Peas Fresh Fruit	Ham & Cheese on Wheat Baked Beans Fresh Fruit	Sesame Chicken & Noodles Cooked Broccoli Fresh Fruit
PM Snack	Carrots & dip/juice	cheese stick/wg oyster crackers	Goldfish/juice	Banana butterfly/water	Cheesy chex mix/Juice
Breakfast	25. Apple square/water	26. Pancakes/milk	27. Rice Squares cereal	28. Yoghurt/fruit/milk	30. Cinnamon toast/fruit
Lunch	Sloppy Joes/Wheat buns roasted potatoes Fresh Fruit	Chili w/crackers Roasted Corn Fresh Fruit	Chicken Patty/Wheat buns Carrots Fresh Fruit	Mac and cheese Peas Fresh Fruit	Spaghetti w/meatballs Cooked Broccoli Fresh Fruit
PM Snack	cottage cheese/crackers	Cucumber/crackers/water	Vanilla wafers/juice	Wheat thins/ juice	biscuits & cheddar cheese, water
Breakfast					
Lunch					
PM Snack					
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