

October 2018 Infant menu

Toddler substitution in ()

Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	1. grams/ bananas	2. english muffins/ butter	3 . Rice Krispies/ fruit	4 oatmeal/fruit/milk	5. Raisin Bread/apricotsMilk
Lunch	mac and cheese peas Fresh Fruit	hamburger on w bun roasted potatoes Fresh Fruit	spaghetti & meatballs broccoli Fresh Fruit	chicken pot pie carrots Fresh Fruit	chicken patties corn/ (green beans) Fresh Fruit
PM Snack	cheese-its/ fruit	magnos/ teddy grams	Animal crackers/melon	Cheese & Crackers	little munchies/fruit
Breakfast	8	9. Peaches/grams milk	10. wg cereal/banana	11. Yoghurt /pineapple	12. oranges/toast
Lunch	closed	chicken tenders broccoli Fresh Fruit	chicken alfredo Carrots carrots	slopy joes/wheatbun roasted potatoes Fresh Fruit	Lasagna w/ meat corn/ (green beans) Fresh Fruit
PM Snack		cucumbers/crackers	Cheese-its/pears	cheese cubes/tomatoes/water	goldfish mix/juice
Breakfast	15. Biscuit w/peaches	16. Waffles/fruit	17. Cheerios/banana	18.Cinnamon Oatmeal/pear	19 cinnamon rolls/melon
Lunch	spaghetti/meatballs broccoli fresh fruit	chicken fajitas Cooked Carrot Fresh Fruit	cheese pizza peas Fresh Fruit	chicken pot pie potatoes Fresh Fruit	beef tacos/cheese/lettuce refried beans Fresh Fruit
PM Snack	Carrots & crackers	heese stick/wg oyster cracker	Goldfish/magnos	Banana butterfly(gram)	cheerios mix/banana
Breakfast	22. Apple square/water	23. Pancakes/banana	24. Rice Squares cereal/pears	25 Yoghurt/fruit	26. Cinnamon toast/fruit
Lunch	meatloaf red potatoes Fresh Fruit	beef and noodles carrots Fresh Fruit	chicken tenders peas Fresh Fruit	turkey wraps green peas peaches	sesame chicken&noodles broccoli Fresh Fruit
PM Snack	peaches and grams	Cucumber/crackers/water	Vanilla wafers/melon	applesauce/ grams	pepper slices/ teddy grams
Breakfast	29.grapes/ berry kix	30. cottage cheese/fruit	31. bran flakes/banana		
Lunch	sloppy joes roasted potatoes Fresh Fruit	chili/crackers corn/ green beans Fresh Fruit	chicken patty Carrots Fresh Fruit		
PM Snack	cheese wraps/ pepper	grape tomatoes/crunchies	Animal crackers/apricots		
Breakfast					
Lunch					

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PM Snack