

December 2018 Main Menu

Toddler substitution in ()



Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
Lunch					
PM Snack					
Breakfast	3. banana and gram	4. english muffins	5. rice Krispies/milk	6. oatmeal	7. raisin bread/milk
Lunch	meatloaf/rolls red potatoes Fresh Fruit	beef and noodles cooked carrots Fresh Fruit	chicken tenders peas Fresh Fruit	ham and cheese on wheat green beans peaches	sesame chicken and noodle cooked broccoli Fresh Fruit
PM Snack	cheese its juice	pita chips/dips/juice	animal crackers/juice	cheese and crackers	chex mix /juice
Breakfast	10. biscuits/butter/milk	11. pears/grams/milk	12. wg cereal/milk	13. yogurt/cheerios/milk	14. oranges/milk
Lunch	sloppy joes Fresh Fruit roasted potatoes	chili corn Fresh Fruit	chicken patty carrots Fresh Fruit	mac and cheese peas Fresh Fruit	spaghetti/meatballs cooked broccoli Fresh Fruit
PM Snack		ants on log/raft/ juice	cheese -it's/juice	banana butterfly	junior chex mix /Juice
Breakfast	17. berry kix.banana	18. waffles/Milk	19. cheerios/milk	20. cinnamon oatmeal	21. english muffins/milk
Lunch	hamburgers on bun baked beans Fresh Fruit	chicken Alfredo cooked carrots Fresh Fruit	chicken tenders roasted potatoes Fresh Fruit	cheese pizza cooked Broccoli Fresh Fruit	chicken and noodle corn/green beans Fresh Fruit
PM Snack	carrots and dip/juice	peaches/wheat crackers	goldfish/Juice	cheese cubes/pretzels	cheesy chex mis/ juice
Breakfast	24. Closed for christmas	25. closed for christmas	26. rice squares/milk	27. yogurt/cereal	28. cinnamon rolls
Lunch			spaghetti and meatballs broccoli Fresh Fruit	chicken pot pie-biscuits roasted potatoes Fresh Fruit	chicken patties/ bun corn/green beans Fresh Fruit
PM Snack			vanilla wafers/ juice	apple squares/water	triscuits/ cheese sauce
Breakfast					
Lunch					

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PM Snack