

April 2019 main menu

Toddler substitution in ()

Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	1. mini bagels/ cream cheese/milk	2. yogurt parfait	3. rice krispies/banana/milk	4. oatmeal/berries/milk	5. raisin bread
Lunch	spaghetti/meatballs broccoli fruit	chicken fajitas carrots fruit	cheese pizza peas fruit	chicken pot pie biscuits roasted potatoes fruit	beef tacos refried beans fruit
PM Snack	pretzels/juice	cucumber coins /ritz	animal crackers/juice	cheese & club crackers	chex mix/ juice
Breakfast	8. applesauce/grams/ milk	9. pig waffles/ milk	10. chex cereal/milk	11. english muffins/jelly/milk	12. cinnamon rolls/ milk
Lunch	Meatloaf red potatoes fruit	beef and noodles carrots Fresh Fruit	chicken tenders peas fruit	turkey wrap green beans Fruit	sesame chicken and noodles broccoli Fruit
PM Snack	rainbow parfait	fish in the river/raft	baseball rice krispie treats	strawberry hats	teddy grams/ juice
Breakfast	15. pears/grams/milk	16. cinnamon toast/ milk	17. cherrios/banana/milk	18. cinnamon oatmeal/milk	19. oranges Kix /milk
Lunch	sloppy joes on bun roasted potatoes fruit	chili/crackers corn (green beans) Fruit	chicken patty on bun carrots Fruit	mac and cheese peas Fruit	spaghetti/meatballs broccoli Fruit
PM Snack	wheat thins/ juice	carrots/dip/juice	goldfish/juice	chips and salsa	cheesy chex mix/ juice
Breakfast	22. peaches/ berry kix/ milk	23. pancakes/milk	24. cinnamon toast/ milk	25. biscuit/applebutter/milk	26. mixed fruit/grams/milk
Lunch	hamburgers on bun baked beans Fruit	chicken alfredo carrots Fruit	chicken tenders roasted potatoes Fruit	cheese pizza broccoli fruit	chicken & noodles corn/ (green beans) fruit
PM Snack	pita chips/ dip/juice	pepper slices/oyster crackers	vanilla wafers/ juice	nacho chips	junior chex mix/ juice
Breakfast	29. mini bagels/creamcheese/milk	30. yogurt parfait/ milk			
Lunch	mac and cheese peas fruit	burgers on bun roasted potatoes fruit			
PM Snack	apple slices/ crackers	grape tomatoes/ cheese cubes			
Breakfast					
Lunch					

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PM Snack