

March 2019 main menu

Toddler substitution in ()

Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					1. cereal/ milk
Lunch					sesame chicken& noodle broccoli fruit
PM Snack					snack mix
Breakfast	4	5. Yogurt parfait	6. rice kripies/banana/milk	7. oatmeal/berries/milk	8. raisin bread
Lunch	Closed professional development	chili corn/ peas Fresh Fruit	chicken patty carrots fruit	Mac and cheese peas Fruit	spagh&etti w/ meatballs corn/ (green beans) Fruit
PM Snack		cucumber coins /ritz	animal crackers/juice	cheese & club crackers	chex mix/juice
Breakfast	11. applesauce/grams/milk	12. waffles/milk	13. chex cereal/milk	14.english muffins/jelly/milk	15 cinnamon rolls/milk
Lunch	hamburgers baked beans fruit	chicken alfredo carrots Fruit	chicken tenders potatoes Fruit	cheese pizza broccoli Fruit	chicken & noodles cooked corn/peas Fruit
PM Snack	cheesesticks	fish in the river/raft	cheese-its /juice	chips and salsa	junior raisin mix/ juice
Breakfast	18. pears/grams/ milk	19. cinnamon toast/milk	20. Cheerios/banana/milk	21. cinnamon oatmeal/milk	22. mixed fruit
Lunch	mac and cheese peas Fruit	burgers roasted potatoes Fruit	spaghetti & meatballs broccoli Fruit	chicken pot pie biscuits carrots fruit	chicken patties corn/ (green beans) Fresh
PM Snack	wheat thins/ juice	carrots/dip/juice	goldfish/juice	grape tomatoes/cheese cubes	cheesy chex mix/juice
Breakfast	25. peaches/berry kix	26.pancakes/milk	27. cinnamon toast cereal/milk	28. biscuit/apple butter/milk	29.mini bagels/cream cheese milk
Lunch	ham and cheese sandwich green beans fruit	chicken tenders broccoli fruit	chicken alfredo carrots fruit	sloppy joes roasted potatoes fruit	Lasagna w/meat corn/ (green beans) fruit
PM Snack	pita chips/ dip/juice	pepper slices/oyster crackers	vanilla wafers/juice	nacho chips/ juice	pretzels/juice
Breakfast					
Lunch					

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PM Snack