

June 2019 main menu

Toddler substitution in ()

Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	3. mini bagels/cream cheese/milk	4. yogurt parfait/milk	5. rice Krispies/banana/milk	6. oatmeal/berries/milk	7. raisin bread/milk
Lunch	hamburgers/buns baked beans fruit	chicken alfredo cooked carrots fruit	chicken tenders roasted potatoes fruit	cheese pizza cooked broccoli fruit	chicken noodles roasted corn/peas fruit
PM Snack	Pretzels/juice	cucumber coins /club crackers	animal crackers/juice	cheese& ritz crackers	chex mix/juice
Breakfast	10. applesauce/grams/milk	11. Waffles and milk	12. chex cereal/milk	13. english muffins/milk	14. orange/kix/milk
Lunch	mac and cheese cooked peas fruit	burgers/buns roasted potatoes Fresh Fruit	spaghetti/meatballs broccoli fruit	chicken pot pie biscuits carrots Fruit	chicken patties corn/ (green beans) Fruit
PM Snack	cheesestick/crackers	fish in the river/raft	cheese -its/juice	chips and salsa	junior raisin mix/ juice
Breakfast	17. pears/grams/milk	18. cinnamon toast/milk	19. cheerios/banana/milk	20.cinnamon oatmeal/milk	21. apple squares/milk
Lunch	ham sandwiches baked beans fruit	chicken tenders broccoli Fruit	chicken alfredo carrots Fruit	sloppy joes roasted potatoes Fruit	Lasagna w/meat corn/ (green beans) Fruit
PM Snack	wheat thins/ juice	carrots/dip/juice	goldfish/juice	rape tomatoes/cheese cube	cheesy chex mix/ juice
Breakfast	24.peaches/berry kix	25. pancakes/milk	26.cinnamon toast crunch/milk	27.biscuit/apple butter/milk	28. cinnamon rolls/milk
Lunch	spaghetti/meatballs broccoli Fruit	chicken Fajitas carrots Fruit	cheese pizza peas Fruit	chicken pot pie biscuits roasted potatoes fruit	beef tacos refried beans Fresh
PM Snack	pita chips/dips/juice	pepper slices/oyster crackers	vanilla wafers/juice	nacho chips/ juice	apples/ritz
Breakfast					
Lunch					
PM Snack		p			
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PM Snack