## May 2019 main menu

<u>Toddler substituion in ( )</u> <u>Breakfast and Lunch:</u> Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, chananas, berries, melon Juice Selections: Apple Grape orange

\* wg whole grain ants on log/ raft: celery or grams with cream cheese and raisins( banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast			1.rice krispies/banana/milk	2. oatmeal/berries/milk	3. raisin bread
Lunch		•	spaghetti & meatballs	chicken pot pie biscuits	chicken patty
			broccoli	carrots	corn/ (green beans)
			fruit	fruit	fruit
PM Snack			animal crackers/juice	cheese&club crackers	chex mix/juice
Breakfast	6. applesauce/grams/milk	7. Waffles and milk	8. chex cereal/milk	9. english muffins/milk	10. cinnamon rolls/mik
Lunch	ham/cheese sandwich	chicken tenders	chicken alfredo	sloppy joes	Lasagna w/meat
	baked beans	broccoli	carrots	roasted potatoes	corn/ (green beans)
	fruit	Fresh Fruit	fruit	Fruit	Fruit
PM Snack	cheesestick/pretzels	cucumber coins /ritz	cheese -its/juice	chips and salsa	junior raisin mix/ juice
Breakfast	13. pears/grams/milk	14. cinnamon toast/milk	15. cheerios/banana	16.cinnamon oatmeal/milk	17 oranges/ kix
Lunch	spaghetti &meatballs	chicken fajitas	cheese pizza	chicken pot pie biscuits	beef tacos
	broccoli	carrots	peas	roasted potatoes	refried beans
	fruit	Fruit	Fruit	Fruit	Fruit
PM Snack	wheat thins/ juice	fish in the river/raft	goldfish/juice	rape tomatoes/cheese cube	cheesy chex mix/ juice
Breakfast	20.peaches/berry kix	21. pancakes/milk	22.wg cereal /milk/banana	23. oatmeal/milk	24. mixed fruit
Lunch	meatloaf	beef and noodle	chicken tenders	turkey wrap	sesame chicken&noodle
	red potatoes/rolls	carrots	peas	green beans	broccoli
	Fruit	Fruit	Fruit	fruit	Fresh
PM Snack	pita chips	carrots/dip/juice	animal crackers/juice	nacho chips/ juice	pretzels/juice
Breakfast	27	28. french toast sticks	29. cinnamon toast cereal/milk	<b>30.</b> biscuit/apple butter/milk	31. Toast/banana/milk
Lunch	closed	chili/crackers	chicken patty	mac and cheese	spaghetti/meatballs
	Veteran 's day	corn(peas)	carrots	peas	broccoli
		fruit	fruit	fruit	fruit
PM Snack		pepper slices/oyster crackers	vanilla wafers/juice	appleslices/crackers	cooks mix/ juice
Breakfast					
Lunch					

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PM Snack