

March 2020 Children's House menu

Toddler substitution in ()

Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	2. Closed	3. Banana/ gram/ milk	4. Cheerios/milk	5. Oatmeal/milk	6. Raisin bread/milk
Lunch		Ham Sandwich baked beans Cucumber slices/fruit	cheese quesadilla glazed carrots fruit	chicken nuggets mashed potatoes fruit	english muffin cheese pizza green beans fruit
PM Snack		pretzels/juice	animal crackers/juice	cheese & ritz crackers	Chex mix/juice
Breakfast	9. toast/butter/milk	10. yogurt parfait/milk	11. Chex cereal/milk	12 .English muffins/jelly/milk	13. oranges/berry kix/milk
Lunch	mac and cheese peas and corn Fruit	grilled cheese sandwich tomato soup Fresh Fruit	chicken fried rice broccoli fruit	meatloaf/dinner roll sweet potato bake Fruit	french toast casserole sausage patty roasted potatoes/Fruit
PM Snack	carrots/dip/ juice	apple squares	cheese-its /juice	tortilla chips/nacho cheese	junior raisin mix/ juice
Breakfast	16mini bagels/cream cheese/milk	17.applesauce/grams/milk	18. rice krispies/milk	19.cinnamon oatmeal/milk	20 waffles/milk
Lunch	Alphabet pasta salad broccoli fruit	Hawaiian crunch wrap Tatertots Fruit	beef&bean enchilada bake corn Fruit	chicken pot pie roasted sweet potatoes Fruit	english muffin pizza peas Fruit
PM Snack	cucumber coins/crackers	ham and cheese wraps	goldfish/juice	pita chips/dip/ juice	cheesy chex mix/ juice
Breakfast	23. pancakes/milk	24 yogurt parfait/milk	25. cinnomon toast crunch /milk	26. peaches/kix/milk	27. cinnamon toast/milk
Lunch	chicken penne cucumber slices fruit	sloppy joes Green beans Fruit	sessame noodlesw/chicken roasted cauliflower Fruit	Veggie chili cornbread/roasted carrots fruit	fruit&bran muffins vanilla greek yogurt hashbrowns/fruit
PM Snack	grape tomatoes/cheese cubes	fish in the river	wheat thins/juice	salsa & totilla chips	triscuits/juice
Breakfast	30. biscuits/jelly/milk	31.fixed fruit/grams/milk			
Lunch	butternut Squash lasagna green beans fruit	sunbutter apple wrap broccoli salad fruit			
PM Snack	pepper slices/dip/ juice	apple slices/pretzels			
Breakfast					
Lunch					

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PM Snack