



**Where Love, Learning, & Play go Hand in Hand**  
501 S 4th Street • Springfield, IL 62701  
(217) 523-0122 • [www.CBCchildrenshouse.org](http://www.CBCchildrenshouse.org)  
[judy@cbcchurchfamily.org](mailto:judy@cbcchurchfamily.org)



## Director's Corner

August is often a month marked with both endings and beginnings. The summer program will end on the 13th and soon our Pre-school graduates will be entering Kindergarten. A Pre-K graduation will be held on August 20th in honor of the graduates. It has been our honor to serve these families over the past five years and pray for their new journey. Our new school year will begin on August 30th with visiting day on the 27th. Teachers will be preparing the rooms and curriculum for the new school year. A meet your teacher night will also be held for families. More information will be coming home soon.

*Judy Vlach*, Director



August  
2021

## Information Station



Attention Children's House families!  
Mark your calendar!

On Sunday, September 19 at 10:45 a.m. a special ceremony will be held during Central Baptist Church worship service to honor and celebrate the 50th anniversary of Children's House.

Families and staff are invited to join us for this very special event.

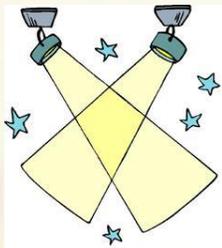
# Classroom News



## Staff Superheroes

**Superhero:** Ms. Alison  
**Secret Identity:** Toddler Teacher  
**C.H. Mission start date:** 2013  
**Superpower:** Creativity, energy, and love.  
**Super Strength:** Awesome dance moves!

**Superhero:** Ms. Cassandra  
**Secret Identity:** Twos Teacher  
**C.H. Mission start date:** 2020  
**Superpower:** Patience, dedication, and love  
**Super Strength:** An amazing wardrobe that is super fun for her classroom!



## August Birthdays

### Students

8/8 Susanna, Rainbows  
8/8 Eleni, Rainbows  
8/9 Kayleigh, Rainbows  
8/11 Magnolia, Shooting Stars  
8/22 Rory, Busy Bees  
8/25 Liam, Rainbows

### Teachers

8/5 Ms. Cassandra

## Baby Bunnies

The Baby Bunnies had tons of fun in July. Everyone enjoyed exploring the downtown in the bye-bye buggy and we even made a trip to the farmer's market. Our unit on the fourth of July was so much fun and gave us a lot of opportunities to learn. Luka loved playing with the Fourth of July glitter sensory bottles. While Barrett loved creating and coloring his very own flag for Olympic week. Christian was very interested in creating Fourth of July firework art for our classroom. Our friend Stella was enjoying dancing to music during our Olympic week. While all this was occurring, Syllas was enjoying exploring it all while working on the skill of crawling.

Last month we welcomed a new friend to the room, Quincy. Everyone was excited to have our new friend and her family with us. We look forward to working with Quincy and her family.

In August the Baby Bunnies will take a walk on the wild side with our unit on animals! Our unit will teach us about farm, jungle-safari, zoo and aquatic animals. Animal recognition and the sounds they make will be just of the ways we discover the animal kingdom. The environments in which they live will also be explored.

Ms. Loretta  
Ms. JoJo  
Ms. Laura



# Classroom News

## Busy Bees

We had lots of fun in July; decorating our room for the 4<sup>th</sup> of July, celebrating America, and focusing on the colors red, white, and blue. In August we will cool things down a bit with an "Under the Sea" theme. We will learn all about the animals that live in the sea, do science experiments with water, and make sea-themed artwork using watercolor paints and other media.

Here Are Our Themes:

Week 1: Under the Sea – learning "under" and "on top of" and talking about different shades of blue.

Week 2: Animals that live in the ocean.

Week 3: At the Beach

Week 4: Sailing, Sailing

Ms. Alison  
Ms. Erica

## Sunshines

Dear families,

We hope you have had a wonderful summer so far. To wind up the season, we will spend August focusing on the community.

For the first two weeks, we will discuss community helpers, such as Firefighters, Police officers, and Medical personnel. During our walks we will look for emergency vehicles and walk past the fire station.

The last half of the month will be all about community fun, with units on the circus and the fair.

Please note we typically leave for walks around 9:45. Please notify us if there will be a late arrival.

We also hope to have another water play day!

Have a wonderful August!

Ms. Wendy  
Ms. Cassandra

## Shooting Stars

Hello Shooting Star Families!

It's August! Summer is flying by, but we still have a lot more to learn and even more to play! Our monthly color theme is Color Review/Rainbow.

Our weekly themes:

8/2-8/6: Transportation

8/9-8/13: Fair/Circus

8/16-8/20: Community Helpers

8/23-8/27: Transition Week/Back to School!

8/30-9/3: Transition/Back to School!

We hope everyone has a great Back to School Season! We are looking forward to a new month + fun learning with our Shooting Stars!

Ms. Rebecca  
Ms. Connie

## Rainbows

Our August science unit will be out of this world! Together we will discover the world of Dinosaurs, insects, and outer space.

August 2nd- 6th: insects

August 9th-13th: Dinosaurs

August 16th- 20th-Christian Living: The Lord is my shepherd

August 30-31st- Back to school!

All month long we will be preparing for our transition to kindergarten. This is a huge milestone for preschoolers. Starting school can be both exciting and scary. The new experience can be overwhelming for child and the parents. Through out this month our class will be talking more about kindergarten and learning more about what we will see, hear and do in kindergarten.

Everyone will have an opportunity to express how they feel about kindergarten. We will review on what to expect the first day and discuss familiar concepts dealing with the new adventure. Several stories will be read in class and a book list will be sent home to families. Also, several helpful family tip sheets will be sent home.

continued....

# Rainbows continued

In honor of our graduates, a Pre-K graduation will be held on August 20th at 6:00 p.m. We would like to wish our graduates the best of luck and many blessings on their new adventure. Our Graduates: Quinn, Brandon, Eve, Mason, Ridge, Peter, Waylon, Susanna, Eli, Kayleigh, Ashlyn, Sam, Ava, and Adryan.

## Starfish (summer program)

Last month the Starfish reached for the Gold during our Olympic week! Everyone had so much fun participating in events and learned so much about the history of the games. A fan favorite activity was our creation of an edible Olympic torch.

This month we will end our summer with a little scientist and western roundup theme. Science week will surely lead us into great exploration and a few really cool experiments. Starfish enjoy science and the effects, so we know this will be a fan favorite. Our program will end with a stomping good time with western rodeo round up.

Thank you for a wonderful summer and we hope to see everyone next summer. Good luck Starfish in the next school year!

Ms. Rae

## Central Baptist Church

We have returned to in-person worship at both locations! 10:45 a.m. at Springfield and 9:00 a.m. at New Berlin. If you are looking for a church home, we are always glad to have you join us in worship!

## Wednesday Night Dinner is on hiatus

Central Baptist Church volunteers prepare a meal the first and third Wednesday nights of each month during the regular school year (September – May). Children's House families are always welcome at dinner. Dinner is served cafeteria style from 4:45 to 5:45 p.m. Carryout meals are also available. The cost is \$5.00 for adults and \$1.50 for children.

**If you plan to order, please let Ann or Rachael in the church office know by noon on Tuesday.**



## Parenting Article

### A Psychotherapist Says the Most Mentally Strong Kids Do These 7 Things

In this article, Emily Morin, LCSW lists, from her experience, seven things mentally strong kids do. Some of them are:

1. They empower themselves. They don't depend on other people to feel good about themselves.
2. They adapt to change. They understand that change, even though difficult, can help them grow.
3. They know when to say "no".
4. They own their mistakes. They also apologize and find ways to not do it again.
5. They celebrate others' successes. They are supportive of their peers.

To read more about these things mentally strong kids do, click [here](#).

## Couples Article

### Rock Solid Marriage

In this blog article, Lisa Brookes Kift, who is a marriage and family therapist, discusses her thoughts, along with other experts, on how to have a lasting relationship.

Some of these are to prioritize the relationship by spending time together and to provide emotional safety. She also lists some psychological tasks for marriage. Some of these are:

1. Build togetherness but also boundaries.
2. Embrace parenthood but continue the work of protecting the privacy of you and your spouse as a couple.
3. Nurture and support each other.

To read more of these tasks, click [here](#).

Blessings,  
Donna Givens, LCPC 618-973-5072  
[donnagivensrnlcpc@yahoo.com](mailto:donnagivensrnlcpc@yahoo.com)

Stephani Cave, LCPC  
ConnectEdPAIRS  
217-972-4851  
[stephani@cbcchurchfamily.org](mailto:stephani@cbcchurchfamily.org)

For monthly couples, individual, and family tips, please sign up for our e-newsletter. For daily relationship tips, follow us on facebook. For more information about any ConnectEdPAIRS service, please visit our website at [www.connectedpairs.com](http://www.connectedpairs.com), stop by, call, or email us in the counseling office. We look forward to talking with you soon.