

February 2021 Children's House menu

Toddler substitution in ()

Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	1. mini bagels/milk	2. bananas/ grams/ milk	3. rice krispies/milk	4. Oatmeal/milk	5. raisin bread/ milk
Lunch	pasta w/marinara cheesestick/broccoli fresh fruit	chicken salad/ wg pita cucumber slices Fresh Fruit	veggie/chicken stirfry brown rice/sesame carrots fresh fruit	hamburger slider Peas fresh fruit	veggie fritatta biscuits/hashbrowns fresh fruit
PM Snack	pretzels/ juice	carrots/dip/juice	animal crackers/juice	cheese and crackers	Chex mix/ Juice
Breakfast	8. applesauce/grams/milk	9. waffles/ milk	10. Cherrios/ milk	11.english muffins/jelly/milk	12. oranges/kix/milk
Lunch	spaghetti w/ meatballs cheesesticks/broccoli fresh fruit	ham sandwich tomato soup Fresh Fruit	cheese Quesadilla glazed carrots fresh fruit	chicken nuggets mashed potatoes fresh Fruit	pizza green beans fresh fruit
PM Snack	wheat thins/juice	cucumber coins/club crackers	cheese-its/juice	chips and cheese	junior raisin mix/ juice
Breakfast	15. Closed	16. yogurt parfait/milk	17. Kix/ milk	18 . oatmeal /milk	19. banana/grams/milk
Lunch		grilled cheese sandwich tomato soup fresh Fruit	chicken fried rice broccoli fresh Fruit	meatloaf/dinner roll sweet potato bake fresh Fruit	french toast casserole sausage patty roasted potato/ fresh fruit
PM Snack		grape/ crackers	goldfish/ juice	pita chips/juice	cheesy chex mix / juice
Breakfast		22. Biscuits/butter/milk	23. pancakes /milk	24.cinnamon toast crunch/milk	25. Toast/butter/milk
Lunch	alphabet pasta salad broccoli fresh fruit	Hawaiian crunch wrap tatertots Fresh Fruit	beef/bean enchilada bake corn fresh fruit	chicken pot pie roasted sweet potatoes fresh fruit	cheese pizza peas fresh fruit
PM Snack	apple slices/ club crackers	chips and salsa	grape tomatoes/cheese cubes	triscuits/cheese sauce	pepper slices/oyster crackers
Breakfast					
Lunch					
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PM Snack