

# July 2021 Children's House menu

Toddler substitution in ( )


Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

\* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins( banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				1..	2
Lunch					
PM Snack					
Breakfast	5. Closed	6. Bagels/cream cheese/milk	7. rice Krispies	8. oatmeal/milk	9. Raisin bread/milk
Lunch		grilled cheese sandwich	chicken fried rice	meatloaf/dinner roll	fresh toast casserole
PM Snack		tomato soup Fresh Fruit pretzels/ juice	broccoli fresh fruit animal crackers/juice	sweet potato bake fresh Fruit grape tomatoes/cheese cubes	sausage patty/potatoes fresh fruit chex mix/Juice
Breakfast	12.applesauce/grams/milk	13. waffles/milk	14.cherrios/milk	15. toast/butter/Jelly/ milk	16. orange slices/kix /milk
Lunch	chicken noodle soup broccoli fresh fruit	hot ham and cheese tatertots fresh fruit	beef & bean enchilada bake corn fresh Fruit	chicken pot pie roasted sweet potatoes fresh Fruit	cheese pizza peas fresh fruit
PM Snack	wheat thins/juice	carrots/dip	cheese-its/ juice	chips/cheese	Junior mix/juice
Breakfast	19. english muffins/milk	20. yogurt parfait/milk	21.cinnaomon toast crunch/milk	22. oatmeal/milk	23 banana/gram/milk
Lunch	chicken penne cucumber slices fresh fruit	sloppy joes green beans Fresh Fruit	teriyaki tureky meatball brown rice/cauliflower fresh fruit	veggie chilli/cornbread roasted carrots fresh fruit	oatmeal pancakes/yogurt tater tots fresh fruit
PM Snack	cheese and crackers	grape/crackers	goldfish/juice	pita chips/ juice	cheesy chex mix
Breakfast	26. cinnamon toast/milk	27. Pancakes/milk	28. yogurt parfait/milk	29. yogurt parfait/milk	30. Biscuits/butter/milk
Lunch	cheese lasagna green beans fresh fruit	turkey & cheese wrap broccoli Fresh Fruit	beef tacos glazed carrots fresh fruit	chicken nuggets mashed potatoes fresh fruit	cheese pizza cucumber slices fresh fruit
PM Snack	triscuits/juice	Chips and salsa	pepper slics/oyster crackers	cucumbers/round crackers	apple slices/juice
Breakfast					
Lunch					

# July 2021 Children's House menu

PM Snack

[This photo by Unknown on Author is licensed under](#)

# July 2021 Children's House menu

©  
C  
B  
Y  
:  
N  
C