

June 2021 Children's House menu

Toddler substitution in ()

Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		1. wg cereal/milk	2. Oatmeal/ milk	3. rice krispies/milk	4. Biscuits/butter/jelly/milk
Lunch		hot ham and cheese tater tots Fresh Fruit	beef & bean enchilada bake corn fresh fruit	chicken pot pie roasted sweet potatoes fresh fruit	cheese pizza peas fresh fruit
PM Snack		cook's choice/juice	cheese and crackers	animal crackers/Juice	carrots/dip/juice
Breakfast	7. applesauce/grams/milk	8. yogurt parfait/milk	9. Cheerios /Milk	10. oranges/kix/milks	11. Raisin bread/milk
Lunch	chicken penne cucumber slices fresh fruit	sloppy joes green beans Fresh Fruit	Teriyaki turkey meatballs rice/ roasted cauliflower fresh fruit	Veggie chilli cornbread/roasted carrots fresh Fruit	oatmeal pancakes/yogurt tater tots fresh fruit
PM Snack	pita chips/dip/juice	cucumber coins/club crackers	chips and cheese	grape tomatoes/cheese cubes	chex mix/Juice
Breakfast	14. Bagels/cream cheese/ milk	15. waffles/milk	16. cinnamon toast crunch/milk	17. toast/butter/Jelly/ milk	18. orange slices/kix /milk
Lunch	cheese lasagna green beans fresh fruit	turkey and cheese wrap broccoli fresh fruit	beef tacos glazed carrots fresh Fruit	chicken nuggets mashed potatoes fresh Fruit	cheese pizza green beans fresh fruit
PM Snack	apple slices/ club crackers	pretzels/ juice	goldfish/juice	triscuits/juice	cheesy chex mix/juice
Breakfast	21. english muffins/milk	22 pancakes/milk	23. kix/milk	24. cinnamon toast/milk	25. banana/gram/milk
Lunch	pasta w/ marinara cheesestick/ broccoli fresh fruit	chicken salad wg pita cucumber slices Fresh Fruit	chicken and vegetable curry brown rice and carrots fresh fruit	hamburger sliders peas fresh fruit	ham and cheese fritatta biscuit/tater tots fresh fruit
PM Snack	orange slices/crackers	wheat thins/juice	cheese-its/ juice	animal crackers/Juice	junior mix
Breakfast	28. pancakes/milk	29 .oatmeal/milk	30. yogurt parfait/milk		
Lunch	spaghetti w/ meat sauce broccoli fresh fruit	ham sandwich/baked beans cucumber slices Fresh Fruit	cheese quesadilla glazed carrots fresh fruit		
PM Snack	chips and salsa	pepper slices/ oyster cracker/juice	grapes/crackers		
Breakfast					
Lunch					

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PM Snack