



Where Love, Learning, & Play go Hand in Hand

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Director's Corner

The cool mornings during arrival, remind us that change is in the air. Autumn is a gentle reminder of all God's beauty around us. Our annual trips to the Farmers Market for Fall shopping will return this year. Classrooms will soon be discovering the wonder of Autumn; with carving and decorating pumpkins being a fan favorite. Everyone is excited to leap into the sights and sounds of the season.

I would personally like to thank Central Baptist Church for hosting a celebration in honor of Children's House 50th year serving the community. The celebration was very lovely and highlighted the continued care and mission over the years. The members and staff of CBC support this ministry in many ways. From building maintenance, volunteering, providing snacks and meals for staff, to donating art supplies, providing ongoing encouragement to staff, providing cot sheets and face masks, and really so many more to list. Thank you Central Baptist Church for your continued support.

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October
2021

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Chapel will begin this month for our Pre-K classrooms, Shooting Stars and Rainbows. Twice a month the preschoolers will meet in the sanctuary to hear a bible story and learn more about God's love. One class will attend at a time and all social distancing guidelines will be implemented. Weeks will rotate.

Judy Vlach, Director

Information Station

Children's House will be closed for Professional Development Day Monday, October 11

During Professional Development day staff will be participating in Risk management, allergy, and civil rights training. Staff will also have time for prep work in the classroom.

This year, our annual Children's House Halloween parade is pending. There will be students-only Halloween parties in each classroom. However, we have not made a final plan or decision about the parade. We will continue to follow Covid-19 numbers and guidelines and make a decision as the time gets closer. We are brewing up something fun for all!! An email will be sent home with more details.

Classroom News



October Birthdays

Students

10/15 Julian, Busy Bees
10/25 Remi, Shooting Stars
10/28 Wesley, Busy Bees

Teachers & Staff



Staff Superheroes

Superhero: Ms. Rebecca

Secret Identity: Pre-K Shooting Stars Teacher

C.H. Mission start date: 10/27/20

Superpower: She has the unique ability to bring a classroom to life through interesting and diverse hands-on experiences. Thank you for your year of service. You are a blessing to the center!

Baby Bunnies

We had tons of back-to-school fun in September. Barrett loved pointing to the different letters on the letter board. Christian loved listening to the many books we read. Stella loved listening to her teachers sing ABCs. Sylas loved laughing when his friends played chase. Quincy and Theo love watching their friends play. During October we will be learning about Fall and Halloween. We will be reading books about pumpkins, doing pumpkin and Fall-themed art, and singing Fall-themed songs.

Ms. Loretta
Ms. JoJo
Ms. Laura



Classroom News

Busy Bees

Fall is here with all of its wonderful opportunities to explore the world through our five senses. Such a variety of beautiful tastes, sights, smells, squishy pumpkin pulp to feel, and new songs to hear. We will meet many nighttime animals this month and learn how they live. Skeletons don't have to be scary and we will let them teach us about our bones!

Our Themes this month will be:

Week 1: Nighttime Animals: bats, owls, cats, and more.

Week 2: Falling leaves and the rich colors of Autumn.

Week 3: Fall Harvest: tasty fruits and vegetables, and experiencing different scents.

Week 4: Pumpkins: Fun art and science with squishy pumpkins.

Week 5: Halloween Fun: Friendly kittens, owls, itty bitsy spiders, and Dress-Up.

We incorporate themes to work on social-emotional skills, self-help, cognitive development, language, as well as spiritual/moral learning in our daily activities.

Ms. Alison
Ms. Erica

Sunshines

Dear Families,
Boo! Happy Halloween! We will be celebrating all month long.

Our first week, we will be focusing on the colors Orange and Black, with our first ever Show and Tell with a color theme! In the following weeks, we will explore spiders, learn about pumpkins, and wrap up with a week of not-so-scary monsters! We will be having a Halloween party at some point during the last week of October. More information will be sent home later.

As usual, we welcome any books your child would like to share! Thank you!

Ms. Wendy
Ms. Cassandra

Shooting Stars

Hello Shooting Star Families!

Fall is here and so is October! Our Shooting Stars are excited for the next month and all of our planned activities!

This month, our color theme is black and our weekly themes include:

Oct. 4-8: Pumpkins

Oct. 11-15: Bats and spiders

Oct. 18-22: Skeletons/Human Body

Oct. 25-29: Halloween!

We hope everyone enjoys this beautiful Fall season! Please feel free to send in Fall/Halloween books to share with the class and we will return them after reading.

Happy Birthday to Remi this month!

Ms. Rebecca
Ms. Connie

Rainbows

The Rainbows have had a busy and fun month! We worked on printing our first names, letter recognition, and much more. We were able to get to know more about each other and the classroom.

Now it's time to "fall" into October fun! It's time to discover Fall and Harvest time by using our five senses. October is National Fire Prevention and Safety month, so our first week will focus on fire safety tips. Also, this month begins Show & Tell. A detailed note about Show & Tell will be going home soon.

This month we welcome Mr. D, Miss E, and Mr. F from Letter People Land into our classroom. We loved meeting Ms. A, Mr. B, and Mr. C last month. We really enjoyed when Ms. A sneezed when she was happy.

Our unit for October is October Fun

Oct 4-8: Fire Prevention/Letter D

Oct 11-15: Harvest/Letter E

Oct 18-22 Harvest/Fall/Letter F

Oct 25-29 Christian Living: Creation/pretend and imagination. Ms. Rae Ms. Angela

Couples Article

Central Baptist Church

We have returned to in-person worship at both locations! 10:45 a.m. at Springfield and 9:00 a.m. at New Berlin. If you are looking for a church home, we are always glad to have you join us in worship!

Wednesday Night Dinner is on hiatus

Central Baptist Church volunteers prepare a meal the first and third Wednesday nights of each month during the regular school year (September – May). Children's House families are always welcome at dinner. Dinner is served cafeteria style from 4:45 to 5:45 p.m. Carryout meals are also available. The cost is \$5.00 for adults and \$1.50 for children.

If you plan to order, please let Ann or Rachael in the church office know by noon on Tuesday.



Parenting Article

Signs of Anxiety in Kids & Teens, According to Experts

In this article, the author refers to mental health experts about childhood anxiety. She shares symptoms of anxiety in children from preschool age to middle schoolers. Some of these examples are:

1. In preschoolers: clinginess, crying easily, and irritability. Headaches, stomachaches, and hair pulling or twisting could also be signs of anxiety.
2. In elementary students: difficulty focusing, fidgeting, clinging, and difficulty sleeping.
3. In middle schoolers: restlessness, muscle tension, difficulty sleeping or fatigue, irritability.

To read more about anxiety in children, click [here](#).

5 Rules for Introducing a New Partner to Your Kids After Divorce

Terry Gaspard, a licensed therapist, states she is frequently asked by divorced parents when they should think about introducing their children to a new mate. In this article, she shares five rules to consider. A few of these are:

1. Timing is essential to healthy family adjustment after divorce. Children need time to adjust to the split. It can take a year or two to get over the various emotions the divorce brings.
2. Keep in mind your child may view your new love as a rival.
3. Consider your children's need for security and reassurance. Introducing a new partner too soon can cause stress in the house and take away energy needed to grieve their loss.

To read more about the five rules, click [here](#).

Blessings,
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For monthly couples, individual, and family tips, please sign up for our e-newsletter. For daily relationship tips, follow us on facebook. For more information about any ConnectEdPAIRS service, please visit our website at www.connectedpairs.com, stop by, call, or email us in the counseling office. We look forward to talking with you soon.

Continued next column....