

April 2021 Children's House menu

Toddler substitution in ()

Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				1. party snack	2. cereal/fruit/ milk
Lunch				meatloaf mashed potatoes fresh fruit	sausage/frech toast casserole cucumber slices fresh fruit
PM Snack				party snack	cooks choice / Juice
Breakfast	5. Mini bagels/milk	6. Yogurt parfait/milk	7. rice Krispies /Milk	8. Oatmeal/milk	9. raisin bread/milk
Lunch	spaghetti with meat sauce broccoli fresh fruit	ham sandwich baked beans/cucumbers Fresh Fruit	cheese quesadilla glazed carrots fresh fruit	chicken nuggets mashed potatoes fresh Fruit	cheese pizza green beans fresh fruit
PM Snack	pretzels/ Juice	carrots/dip/Juice	animal crackers /banana	cheese and crackers	chex mix/ juice
Breakfast	12.applesauce/grams/milk	13. waffles/milk	14. cheerios/milk	15. toast//butter/jelly/milk	16. orange slices/kix /milk
Lunch	mac and cheese peas and corn fresh fruit	grilled cheese tomato soup fresh fruit	chicken fried rice broccoli fresh Fruit	meatloaf/dinner roll sweet potato bake fresh Fruit	french toast casserole sausage patty/roasted potatoes fresh fruit
PM Snack	wheat thins/ juice	cucumber coins/club crackers	cheese-its/ juice	chips and cheese	junior mix juice
Breakfast	19. Biscuits/butter/milk	20. yogurt Parfait/milk	21.cinnamon toast crunch/milk	22. Oatmeal /milk	23. banana/gram/milk
Lunch	chicken noodle soup broccoli fresh fruit	hot ham and cheese tatertots Fresh Fruit	beef & bean enchilada bake corn fresh fruit	chicken pot pie roasted sweet potatoes fresh fruit	cheese pizza peas fresh fruit
PM Snack	apple slices/ club crackers	grapes and crackers	goldfish/juice	pita chips/dip/juice	cheesy chex mix/juice
Breakfast	26. cinnamon toast/milk	27. Pancakes/milk	28. kix/milk	29.english muffins/jelly/milk	30.peaches/gram/Milk
Lunch	chicken penne cucumber slices fresh fruit	sloppy joes green beans Fresh Fruit	teriyaki turkey meatballsw/riced roasted cauliflowe fresh fruit	veggie chilli/cornbeard roasted carrots fresh fruit	oatmeal pancakes/yogurt tate tots fresh fruit
PM Snack	orang slices/crackers	chips and salsa	grape tomatoes/cheese cubes	triscuits/cheese sauce	pepper slices/oyster cracker
Breakfast					
Lunch					

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PM Snack