

# August 2021 Children's House menu

Toddler substitution in ( )

Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

\* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins( banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	2. bagels/cream cheese/milk	3. yogurt parfait/milk	4. rice Krispie/ milk	5. oatmeal/ milk	6. raisin bread/milk
<b>Lunch</b>	pasta/ mainara corn/green beans fresh fruit	chicken salad wg pita/cucumber Fresh Fruit	chicken& veggie curry broccoli fresh fruit	hamburger slider peas fresh fruit	ham& cheese fritatta biscuit/ tate tots fresh fruit
<b>PM Snack</b>	pretzel/juice	animal crackers/juice	vanilla wafers/ Juice	grape tomatoes/cheese cubes	chex mix/Juice
<b>Breakfast</b>	9. applesauce/grams/milk	10 waffles /milk	11. Cheerios/milk	12 toast/butter/jelly/milk	13. orange slices/kis
<b>Lunch</b>	spaghetti/meat sauce broccoli fresh fruit	ham sandwich baked beans/cucumber Fresh Fruit	ham and cheese wrap cucumbers fresh fruit	mac and cheese corn/peas fresh Fruit	pizza salad fresh fruit
<b>PM Snack</b>	wheat thins/juice	carrots/ dip	cheese-its/juice	chips/cheese	junior mix/Juice
<b>Breakfast</b>	16.english muffins/milk	17. yogurt parfait/milk	18.cinnamon toast crunch/milk	19. oatmeal/milk	20. Banana/gram/milk
<b>Lunch</b>	cheese lasagna carrots applesauce	grilled cheese sandwich tomato soup fresh fruit	chicken fried rice broccoli fresh Fruit	meatloaf/dinner roll sweet potatoe bake fresh Fruit	french toast casserole sausage patty/potatoes fresh fruit
<b>PM Snack</b>	cheese and crackers	grapes/crackers	goldfih/ juice	pita chips/ juice	cheesy chex mix
<b>Breakfast</b>	23. cinnamon toast/milk	24. pancakes/milk	25. Kix/ milk	26. french toast sticks/milk	27. biscuits/milk
<b>Lunch</b>	chicken noodle soup broccoli fresh fruit	hot ham and cheese tater tots Fresh Fruit	beef & bean enchilada bake corn fresh fruit	veggie chilli/cornbread roasted carrots fresh fruit	oatmeal pancakes/yogurt tater tots fresh fruit
<b>PM Snack</b>	triscuits/juice	Chips and salsa	pepper slices/oyster crackers	mixed fruit/ club crackers	apples/cheese cubes
<b>Breakfast</b>	30. bagels/ cream cheese/milk	31. yogurt parfait/milk			
<b>Lunch</b>	chicken penne cucumber slices fresh fruit	sloppy joe green beans Fresh Fruit			
<b>PM Snack</b>	pretzel/juice	cucumber coins/ club crackers			
<b>Breakfast</b>					
<b>Lunch</b>					

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PM Snack

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