



Where Love, Learning, & Play go Hand in Hand

501 S 4th Street • Springfield, IL 62701
(217) 523-0122 • www.CBCchildrenshouse.org
judy@cbcchurchfamily.org



Director's Corner

Welcome back! This month we are so excited to welcome our families back into the center. It may look, sound and feel a little different than before and for some is a brand-new experience. However, some things never change and we cannot wait to greet each family and build new partnerships. Serving our families while providing quality care is always our goal and is a blessing. If you have any questions or need assistance during this transition my office door is always open and I am always ready to assist. I can also be reached by phone at 523-0122 and by email. Children's House thanks you for choosing us to care for your children and appreciate your support, trust and understanding over the past year.

Reopening is not the only thing to shout about. We are out and back on the move. Classrooms are back on walks and many are gearing up to attend at least one Farmer's Market this month. Children's House will continue to follow all CDC, IDPH, and DCFS guidelines as we safely venture out. Several classrooms are also planning for a water fun day. Notes will be sent home with information as it comes

Have a happy and safe July!

Judy Vlach, Director

July
2021

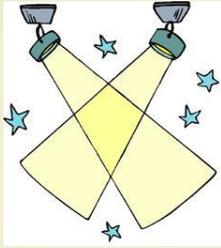
HAPPY
4th of July
INDEPENDENCE DAY

Children's House will be closed Monday, July 5 to observe Independence Day!



Attention families of graduating Pre-K Rainbows. Please mark your calendars for the very special Pre-K Rainbow graduation on August 20th. Additional information to be coming soon.

Classroom News



July Birthdays

Students

7/10 Quinn K, Rainbows
7/12 Christian, Baby Bunnies
7/21 Ashlyn, Rainbows
7/25 Mark, Shooting Stars
7/25 Esadora, Sunshines
7/27 Sam M, Rainbows
7/29 Mason, Rainbows
7/31 Brandon, Rainbows

Teachers

7/13 Ms. Chris
7/26 Ms. JoJo

Baby Bunnies

The Baby Bunnies had so much fun in June! Everyone enjoyed our summer activities and even had some favorites. Luka really loved our beach ball party, Barrett has enjoyed singing Row, Row, Row Your Boat and creating the movements. Christian really enjoyed splashing around in the water play we did for our water week. Syllas loved the bubble activity, as we broke through bubble force fields for superhero days. Stella has loved our walks and taking a look around our community.

As weather permits we will continue to take walks. The Bunnies really enjoy getting out and seeing our community in action, along with the fresh air. We also hope to get some time on the playground this month. Please remember to apply sunscreen prior to arrival at school and bring a bottle to keep at school for any afternoon adventures. Also sun hats can also be brought to school for our walks.

In July, we will be doing all kinds of USA themed activities, including making Fourth of July fireworks, art, practicing our ball throwing during baseball week, and making our own flags for Olympic week. Our theme will be Born in the USA. Red, white, and blue will be our colors of the month as we discover.

Ms. Loretta
Ms. JoJo
Ms. Laura

Classroom News

Busy Bees

Summer is here! This month our theme will be Celebrating America. We have lots of fun planned, including some pretend camping and indoor S'mores. We will focus on the colors red, white, and blue. We will learn about the beautiful landscapes of America through pictures and stories and learning lots of new vocabulary.

Our Themes:

Week 1: 4th of July fun.

Week 2: Red, White, and Blue.

Week 3: Camping fun.

Week 4: America the Beautiful

Ms. Alison
Ms. Erica

Sunshines

Dear Families,

OH MY IT'S JULY! We have many fun and exciting plans for the month. For the week before the 4th, we will be focusing on Independence Day, the American flag, Fireworks, and parades! We will walk down to the Capitol building, and have parades on our playground.

The next few weeks, we will celebrate summer by focusing on the ocean. From the beach and sand to the creature that live beneath the waves. We will be scheduling water play days as well. More details on that to come! Have a wonderful month!

Ms. Wendy
Ms. Cassandra

Shooting Stars

Hello Shooting Stars families!

Summer is here and our Shooting Stars are ready for some fun in the sun!

Our monthly theme is the color white. We will kick off our lesson plans with learning about the Fourth of July. Our weekly themes are:

7/6-7/9: 4th of July/Fireworks

7/12-7/16: Nature Detectives

7/19-7/23: Pond Life

7/26-7/30: Fruit/Summer Snacks

We hope everyone has a safe and fun 4th of July!

Ms. Rebecca
Ms. Connie

Rainbows

The sky will soon be lighting up and celebrating America. The Rainbows are ready to discover what all the excitement is about through a monthly unit "Celebrating America". We will discuss and discover the people, land, and the event that makes us America!

So many new and fun concepts are with this unit. We are so excited!

July 6-9: 4th of July

July 12-16: Community Helpers

July 19-23: America's game, Baseball

July 26-30: Noah

On July 6, wear red, white, and blue. On July 16, dress as your favorite community helper. On July 23, wear your favorite baseball team!

Ms. Betsy

Starfish (summer program)



Parenting Article

July is here and we are not slowing down! We are so excited to announce the return of outside field trips. The Starfish are ready to travel safely while following all guidelines as we travel the town. More information will be available soon, as we prepare plans. Our classroom themes will also keep us engaged in fun through fine motor gross motor, science, cooking, math and art activities.

Week 1- Red, white, and blue forever

Week 2- Where wishes comes true...Disney week

Week 3- Once upon a time... fairytale week

week 4- It's a Jungle out there...Zoo week

We also will be planning our very own Olympic week and games during the summer Olympics.

Ms. Rae

Ms. Sandy

Central Baptist Church

We have returned to in-person worship at both locations! 10:45 a.m. at Springfield and 9:00 a.m. at New Berlin. If you are looking for a church home, we are always glad to have you join us in worship!

Wednesday Night Dinner is on hiatus

Central Baptist Church volunteers prepare a meal the first and third Wednesday nights of each month during the regular school year (September – May). Children's House families are always welcome at dinner. Dinner is served cafeteria style from 4:45 to 5:45 p.m. Carryout meals are also available. The cost is \$5.00 for adults and \$1.50 for children.

If you plan to order, please let Ann or Rachael in the church office know by noon on Tuesday.



Parenting Tips: How to improve toddler behavior

In this article, Mayo clinic staff share practical tips for parenting toddlers. These are:

1. Show your love. Kiss, hug, rough house with your child.
2. Prioritize rules. Introduce safety rules and enforce them first.
3. Prevent tantrums. Several ways to do this are included in this article.
4. Enforce consequences. Different methods for enforcing consequences are listed.

To read more about these practical tips, click [here](#).

Couples Article

Arguing in Front of Your Kids Happens: Here's How to Keep it Healthy

The effect of arguing on children, as well as how it can be healthy is explored in this article. Babies as young as six-months-old can tell by the tone and volume of words, as well as facial expressions, that something is wrong and react to it. The effect on babies depends on the severity and frequency of arguments as well as the baby's temperament and his or her perception of safety during and following the argument. Also discussed is the effect of prolonged arguing and developmental differences. Then ways to prevent lasting harm are included.

To read more about the effects of arguing and how to prevent prolonged harm, click [here](#).

Blessings,
Donna Givens, LCPC 618-973-5072
donnagivensrnlcpc@yahoo.com

Stephani Cave, LCPC
ConnectEdPAIRS
217-972-4851
stephani@cbcchurchfamily.org

For monthly couples, individual, and family tips, please sign up for our e-newsletter. For daily relationship tips, follow us on facebook. For more information about any ConnectEdPAIRS service, please visit our website at www.connectedpairs.com, stop by, call, or email us in the counseling office. We look forward to talking with you soon.