



Where Love, Learning, & Play go Hand in Hand

501 S 4th Street • Springfield, IL 62701
(217) 523-0122 • www.CBCchildrenshouse.org
judy@cbcchurchfamily.org



Director's Corner

May flowers are not the only thing blooming! The playground fence has been placed and we are completing the final touches. Moving forward there are still plans to host a playground opening ceremony in the future. During the closure we will be working on preparing the play area with new materials. We know when the children return they will be excited to explore the playground for the first time.

Teacher appreciation week is May 6th. Every year we celebrate with a themed week of gifts and expression of our gratitude for our staff. It is truly my pleasure and honor to work with our staff. Children's House is blessed with individuals who are invested in providing good quality care in a loving environment. They support each child to meet their full potential as they reach new milestones while providing an environment where children come and learn about Jesus. This year we will continue to celebrate our wonderful staff but it may just look a little different.

Each week the staff meet three times a week through Zoom, where we complete state required continued education hours and team-meet about curriculum. Together we have been planning for a summer that will be a little different than what we are used to. It is our goal to create a fun and memorable summer. We have also been creating a transitional plan for families as we re-enter our new norm. I have been taking several webinars and meeting with local agencies about new protocols that will need to be in place during reopening.

May
2020

Children's House is very grateful for the continued support during this season.

We anxiously wait to reopen so we can do what we love the most; to serve God as we care for our children and their families.

Judy Vlach,
Director

Information Station

The playground fence has been placed and we are so excited to enjoy our playground. New materials and equipment are being placed. An opening ceremony will be planned when we can gather.

Registration is now open for the school-age summer program for children ages 6-9. Program is scheduled to begin May 28th.

Classroom News

April Birthdays

Children

5/14 Ben, Busy Bees
5/16 Lucia, Baby Bunnies
5/29 Warrick, Sunshines
5/31 Mickey, Sunshines

Teachers

5/17 Ms. Sandy
5/31 Ms. Amanda

Staff Anniversaries

Ms. Rachael celebrates her 19th year with Children's House on the 21st. She first began in the summer program and later was the full center support teacher. Since 2001, Ms. Rachael can be found each and every day preparing preschoolers for the next step in their education. Her patience and support for each child is easily visible. We are so grateful for Ms. Rachael and hope for many more years to come.

Ms. Jo Jo celebrates her third year with Children's House on the 22nd. Since 2017, she has loved and cared for the infants in the Baby Bunny room. Ms. JoJo goes above and beyond to meet the needs of each Baby Bunny. We are so grateful for her and all the outstanding care she provides. We hope to be blessed more years with her service.

Baby Bunnies

May has arrived; spring flowers are blooming and the sun is shining. How many May flowers did April showers bring? This month we will discover the sun and flowers. Soon the Baby Bunnies will be enjoying the fresh warm air. When we meet again at school, our new playground will be complete and ready for us explore.

A very happy Mother's day to all of the Baby Bunny moms. We hope your day is as special as you are you.

Happy birthday this month to our dear friend, Lucia.

Ms. Loretta
Ms. Jo Jo

Busy Bees

Happy May to all of the Busy Bees and their families. We hope you are all staying safe and well and we miss all of you very much. This month we thought it would be especially appropriate to focus on the many important people in our community who help us each and every day, providing health care, keeping us safe, bringing food to our tables and goods and services to our door, keeping everything running smoothly...even in the most trying of times. May is also the time to celebrate that one special person who combines ALL of these essential functions...MOM! Happy Mother's Day!!!

One of the most important areas of developmental growth during the toddler years is the social emotional concept of empathy....beginning to realize that others have feelings too, wanting to work together and help each other. By getting to know our Community Helpers, children get inspired by those who work to make our world a better place to live.

Here are some things you can do everyday to help your child be aware of who our helpers are:

Point out the different jobs people are doing in public places. Talk about the store clerks who help us find and pay for the things we buy. If there is a security guard on duty, explain how that's the person we talk to if we have a problem — such as getting lost. Help your child recognize the uniforms some of our Helpers wear. Examples include a delivery person's uniform, or a chef's apron. Identify the vehicles used by some Community Helpers. Lots of people drive special vehicles because of the jobs they do. These include police cars, ambulances, firetrucks, delivery vehicles and semi trucks, busses and other transit vehicles.

Our themes:

Week One: Those who help us stay healthy: Doctors, dentists and nurses

Week Two: Those who keep us safe: Police officers, firefighters and emergency workers

Week Three: Those who provide our food: Farmers, chefs and cooks, grocers and check out clerks

Week Four: Every day helpers: postal workers, construction workers, bus drivers....etc.

Ms. Alison
Ms. Erica

Classroom News

Sunshines

Dear Families,

Hooray! It's May!

We are planning a wonderful month for our Sunshine class.

Our focus will be on the home, kicking off with a Mother's Day week! Our books, art projects, and themes of play will focus on mothers in general, as well as each child's very own Mama.

The following weeks will include the themes "My house," "My pets," and "All About Me!"

We look forward to seeing everyone, hopefully in person, or through Zoom!!!

Ms. Wendy
Ms. Rae

Shooting Stars

Hello all! As we delve further into spring we are so excited about getting outside more and exploring our world around us! Get out of the house, take a nature walk, have a campout in your backyard, go on a scenic drive and look for wildlife; the possibilities are endless.

Our themes for this month will include:

- May 4-8: Our Moms
- May 11-15: Flowers
- May 12-22: Gardens and Growth
- May 25-29: 5 Senses

We are missing all our Shooting Stars during this time! We know that it's been a difficult transition for everyone. Here are some things you can always be working on: spelling your name, cutting a straight line, drawing main shapes, recognizing letters and numbers. Most importantly, have fun and use this time to connect. Get out – the sun is a great booster! ABCYA is a wonderful website with fun games and educational activities from Pre-K up.

Ms. Amanda
Ms. Toni

Rainbows

Lions, tigers, and bears, Oh My! Let's take a walk on the wild side as we discover the world of animals this month. Mr. Y and Mr. Z come to visit and we will be spending an entire week on revisiting all 26 letters. There will be an alphabet party when we return to class. More details to come!

- May 4-8: Letter Y/Pets
- May 11-15: 300 animals/Letter Z
- May 18-22: Farm animals/Letter Review
- May 25-29: Zacchaeus

Just a reminder that this is the last month for Show-N-Tell as we begin the summer schedule in June.

We have been working very hard to prepare for Kindergarten. Everyone is doing a great job of working on spelling and printing their names.

Happy Mother's Day to all the Rainbow Moms!

Ms. Kayla
Ms. Rachael



Central Baptist Church Worship Hours

Downtown Springfield:

- 9:15 to 10:15 AM - Sunday School
- 10:15 to 10:45 AM - Fellowship Time
- 10:45 AM – Worship

New Berlin:

- 9:30 AM - Worship
- 10:30 AM - Sunday School

If you are looking for a church home, you are welcome to join us at any of our services.

Wednesday Night Dinners will be on hiatus through to September. See you hopefully this Fall!

Central Baptist Church volunteers prepare a meal the first and third Wednesday nights of each month during the regular school year (September – May) as an opportunity to share with each other around the dinner table.

Children's House families are always welcome at dinner. Dinner is served cafeteria style from 4:45 to 5:45 p.m. Carryout meals are also available. The cost is \$5.00 for adults and \$1.50 for children.

If you plan to order, please let Ann or Mason in the church office know by noon on Tuesday by calling (523-3639 or email ann@CBCchurchfamily.org)



Parenting Article

Answering Your Young Child's Questions about Coronavirus Even if you have been trying to shield your child from the news, he/she is bound to have questions. What don't children have questions about? In this article, some common questions are answered with age appropriate responses. Some examples are:

1. Why can't I play with that little boy over there? Answer: We have to take a break from playing with other people so we can stay healthy.
2. Why can't I have a turn with that toy? Answer: We can't play with other children's toys right now so we can all stay healthy.
3. Why are we wiping everything down with wipes? Answer: We wipe things down to keep them clean.
4. Why can't I go to daycare/school? Answer: Your daycare is closed and your teachers and friends are at home too. When daycare is open again you can go and see your friends.

Even if your child is not asking questions, he/she might still show curiosity toward what is going on around him/her. You can simply validate the change and let him/her know what to expect for his/her new routine.

To read more of these questions and answers, click [here](#).

Couple's Article

How Couples Can Help Each Other De-stress and Improve Their Relationship

This is a stressful time we are living in. This article lists ways to help each other with stress. A few of the ten tips are:

1. Recognize stress symptoms. First, of course you need to be able to recognize symptoms of stress in your spouse.
2. Approach your partner. Ask your spouse what's going on in a compassionate way.
3. Listen. We feel understood when we are listened to.
4. Comfort first. Console each other. Hug.
5. Get active together. Physical exercise is a great way to reduce stress.

To learn more about this, click [here](#).

Blessings,
Donna Givens, LCPC 618-973-5072
donnagivensrnlcpc@yahoo.com

Stephani Cave, LCPC
ConnectEdPAIRS
217-972-4851
stephani@cbcchurchfamily.org

For monthly couples, individual, and family tips, please sign up for our e-newsletter. For daily relationship tips, follow us on facebook. For more information about any ConnectEdPAIRS service, please visit our website at www.connectedpairs.com, stop by, call, or email me in the counseling office. I look forward to talking with you soon.