

August 2020 Children's House menu

Toddler substitution in ()

Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	3. bagels/butter/milk	4. yogurt parfait/milk	5. rice krispies/milk	6.english muffin/jelly/milk	7 Raisin bread/butter/milk
Lunch	chicken penne cucumber slices fruit	sloppy joes green beans fruit	sesame noodles/chicken roasted cauliflower fruit	Veggie chilli cornbread/ roasted veggies fruit	fruit and bran muffin vanilla greek yogurt hashbrowns/fruit
PM Snack	pretzels/ Juice	cucumber coins/ club crackers	animal crackers/ juice	cheese & ritz crackers	Chex mix/ Juice
Breakfast	10. applesauce/ grams/milk	11. waffles/ milk	12. cherrios/milk	13.oatmeal/milk	14. oranges/ kix/milk
Lunch	butternut Squash Lasagna green beans Fruit	sunbutter apple wrap broccoli salad Fresh Fruit	southwest Lentils glazed carrots fruit	chicken nuggets mashed potatoes Fruit	Pizza cucumber slices Fruit
PM Snack	peaches/pretzels	grapes/ club crackers	cheese-its /juice	tortilla chips/nacho cheese	junior raisin mix/ juice
Breakfast	17. bran flakes/banana/milk	18. cinnamon toast/ milk	19. berry Kix/ milk	20.biscuits/milk	21. waffles/milk
Lunch	pasta and marinara broccoli/cheesestick fruit	chicken salad wg pita cucumbers Fruit	veggie and chicken stirfry brown rice /carrots Fruit	hamburger slider peas Fruit	veggie friatta green beans Fruit
PM Snack	soft pretzels cheese	apple slices/ cheese cubes	goldfish/ juice	pita chips/dip/ juice	cheesy chex mix/ juice
Breakfast	24.yogurt parfait/milk	25. pancakes/milk	26. cinnamon toast crunch /milk	27cinnamon oatmeal/milk	28. Banana and gram
Lunch	spaghetti and marinara cheese stick / broccoli fruit	ham sandwich baked beans/cucumbers Fruit	cheese Quesadilla carrots Fruit	chicken nuggets mashed potatoes fruit	pizza green beans fruit
PM Snack	wheat thins/ Juice	pepper slices/oyster cracker	grape tomatoes/cheese cubes	salsa & totilla chips	triscuits/ juice
Breakfast	31. Toast and jelly/milk				
Lunch	mac and cheese peas and corn fruit				
PM Snack	orange slices/oyster cracker				
Breakfast					
Lunch					

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PM Snack