

Where Love, Learning, & Play go Hand in Hand

501 S 4th Street ● Springfield, IL 62701 (217) 523-0122 ● www.CBCchildrenshouse.org judy@cbcchurchfamily.org August 2020



### **Director's Corner**

Summer is quickly coming to an end and we find ourselves preparing for Fall and a new school year. Every August our Preschoolers graduate and they head to Kindergarten. Their time here is remembered and celebrated with a Pre-K graduation ceremony. This Children's House tradition is a favorite among families and staff. This year we will move forward with graduation but it will look a little different as we follow all social distancing guidelines. However, we will continue to honor and celebrate our preschoolers!

As the graduates move forward, children will promote to the next classroom. Fall promotion will look different this year. At this time we are unable to combine or group classrooms together. Normally, a visitation week is utilized to allow children to ease into the next classroom's schedule. We are working with the new guidelines to develop a new visiting schedule. Children promoted to the next classroom will be determined by age, availability and development readiness.

Families will be contacted this month about promotion week. Each year our center hosts an Open House to allow families to meet their child's new teachers and see the classroom. Our preschool normally hosts a meet your teacher night as well. This year we will continue to provide families the opportunity to meet the teachers and receive vital information about the classroom. A Meet Your Teacher Zoom meeting will be created for each classroom during evening time. Teachers will explain classroom expectations, schedules, and cover the contents of their handbooks. Families will have the opportunity to ask questions during the Zoom meeting or may set up a private meeting with the teachers...... We strongly encourage all families to join us. We look forward to working with each family as we begin a new school year of fun and learning. More information will be emailed home soon.

Judy Vlach, Director

#### **INFORMATION STATION**

Reminder: All children enrolled must have a current physical on file and updated every two years, along with a current immunization record. The immunization record must be signed and dated by the doctor. We suggest bringing in a copy of the yearly wellness child physical in each year, as this helps with time lap.

Last day of summer program will be August 14<sup>th</sup>.



# **Classroom News**

### Summer Program

It must be true that time flies while you are having fun because our summer is already coming to an end. Although we were unable to travel this summer, we kept very engaged and busy here at the center. Over the summer we have had some great adventures, lots of fun and built some lasting memories and relationships.

However, the fun is not over just yet. This month our two themes will be Road Trip USA (August 3rs-7th) and bugs are rad (August 10th-14th). There are many fun activities planned that will help us explore. Cooking and science have become a fan favorite here in the Starfish room. Of course we will also have this love for slime. Upon the Starfish request we have created several different types of slime. Of course we love all science but seem to find our way back to the slime each time.

> Ms. Ray Ms. Chloe

### **Baby Bunnies**

The end of summer is nearing but there is still one more month of summer fun planned. Using our five senses we will explore the sights and sounds of summer. Beach balls, water, boats, seashells, are just a few of many summer concepts in our Summer fun unit. Of course some of our adventures will lead us to the playground. One of our most favorite activities is blowing bubbles and we plan on enjoying them outdoors. This is always a fan favorite and promotes language development, along with hand eye coordination. The Baby Bunnies are also hoping to get some water play time (following all sanitation and social distancing guidelines).

Continued....

#### Baby Bunnies continued

"Row, Row, Row your boat" will be our focused nursery rhythm this month. The Bunnies will learn the classic versus of the song but we will also learn several fun versions. We will be sure to send a copy of the extra fun versions home, so you may enjoy them together. Nursery rhymes are important in language development. Rhyme and rhythm help children hear the sounds and syllables in words. Nursery rhymes are patterns and help children learn easy recall and memorization.

Last month several friends joined our classroom. It is so nice to have our Baby Bunnies returning. Our friend, Drew has grown so much and accomplished so many new milestones, She enjoys sitting on her own while watching the world from our windows and entrains our class with her clapping. We welcomed our new friend, Rory and his family to our center and classroom. We are looking forward to getting to know more about him and his family. Also a big bunny welcome this month to: Katie, Luka, Beckham and Owen. We are so excited to have you here!

Ms. Loretta Ms. Jo Jo Ms. Laura

#### **Busy Bees**

We had lots of fun in July decorating our seasonal tree with painted stars and firecrackers. We had a pretend campout with tents and s'mores and campfire stories. We rode our cars and bikes to the drive-in and watched a Mickey Mouse movie and we talked about all the things people do in the summertime.

In August we will cool things down a bit with an "Under the Sea" theme. We will learn about the animals that live in the sea and the color blue will be featured. Our artwork will be sea themed and we will use watercolors. Hare are our themes:

Week 1: Under the Sea – learning "under" and "on top" of, and different shades of blue. Week 2: Animals that live in the ocean Week 3: At the Beach Week 4: Sailing, Sailing

> Ms. Alison Ms. Erica

## **Classroom News**

### August Birthdays

Children 8/8 Susanna, 3s 8/9 Kayleigh, 3s 8/11 Magnolia, 2s 8/25 Liam, 3s

Teachers 8/17 Ms. Kayla

### August Staff Anniversaries

8/22 Ms. Alison, 7 years

#### Sunshines

What a fun July we had in the Sunshine room! Now, we look ahead to an equally delightful August.

This month, we are going to be exploring fun activities in our community! We will start off with a zoo theme where we will talk about wild animals, their habitats, and how zoos work to keep animals happy and healthy.

Next, we will enter the Big Top for circus week! Clowns, the flying trapeze, and tight ropes will fill our days as we explore the many acts we may find in a circus.

Our third week will be Fair week. We will talk about rides, treats, displays, and events that surround any State or County Fair.

At the end of the month, we will have a Water Park week, complete with water play!

I hope you all have an amazing August!

Ms. Wendy Ms. Cassandra

### **Shooting Stars**

These summer months have flown by in the Shooting Star room. We enjoyed learning about the beach, fireworks, and diving into some Eric Carle books in July! Our August themes are:

Aug. 3-7: Camping Aug. 10-14: Circus, Fair Week Aug. 17-21: Space Week Aug. 24-28: Transition Week Aug. 31 – Sept. 4: All About Me

While we are still transitioning to a "new normal", we ask that you please limit items sent from home. Nap items MUST be in a reusable bag: 1 small pillow, 1 blanket, and 1 sleeping buddy. Your child also needs a water bottle (non-throwaway) as we are not using water fountains and do not have access to cups. Thank you for your help in making sure everyone stats safe and healthy.

This month we look forward to a fun camping day (social distance style). We will be cooking a camping lunch, watching constellations, and telling some fun camp stories! We will be playing some fun fair games and enjoying a circus snack during Fair week! And we will soar off in rockets as we learn about planets, walk like astronauts, and earn our astronaut badges during Space week.

We look forward to a fun and fabulous month!

Ms. Amanda Ms. Toni

#### Rainbows

Welcome to the very busy and exciting month of August. The Rainbows had a great summer. For the month of August, our theme will be about Science, Dinosaurs, Bugs, and Outer Space.

Aug. 3-7: Bugs Aug. 10-14: Dinosaurs Aug. 17-21: Outer Space Aug. 24-28: Christian Living: The Lord is My Shepherd

Of course our big event this month is graduation! Getting ready for Kindergarten is a huge milestone for preschoolers. All this month we will be learning about Kindergarten; what to expect and how they feel about it. We will go over familiar concepts dealing with new adventures in their new school.

On August 15 at 5:00 p.m. our Rainbow graduation in honor of our graduates will take place. A note will go out with more information in the coming days. We will miss everyone and it has been a joy to work with you!.

> Ms. Rachael Ms. Kayla

#### **Central Baptist Church Worship Hours**

Downtown Springfield and New Berlin:

Online Worship at www.cbcchurchfamily.org

If you are looking for a church home, we are always glad to have you join us in worship!

#### Wednesday Night Dinners will probably be on hiatus through the rest of the year.

Central Baptist Church volunteers prepare a meal the first and third Wednesday nights of each month during the regular school year (September – May) as an opportunity to share with each other around the dinner table.

Children's House families are always welcome at dinner. Dinner is served cafeteria style from 4:45 to 5:45 p.m. Carryout meals are also available. The cost is \$5.00 for adults and \$1.50 for children.

If you plan to order, please let Ann or Mason in the church office know by noon on Tuesday by calling (523-3639 or email ann@CBCchurchfamily.org)



#### Parenting Article

8 Best Parenting Tips for 2020

Although this article mentions holiday stress, it is applicable for any time. In this Empowering Parents article, some of the 8 tips listed are:

- 1. Control what you can: your response
- 2. Walking away is often the best response
- 3. Tackle one behavior or issue at a time
- 4. Role model the behavior you want to see

To read the rest of the tips and explanations, click here.

#### Couple's Article

Happy Couples: How to Keep Your Relationship Healthy

This American Psychological Association short article lists two steps to keep your relationship healthy. They are:

- 1. Talk openly. Communication is vital in a relationship. Talk about more than parenting and household duties. Explore deeper issues with each other. Make sure to use constructive ways of arguing rather than destructive.
- 2. Keep it interesting. Date nights are good, but only if they don't become routine. Try new activities.

To read more about these steps, click here.

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For monthly couples, individual, and family tips, please sign up for our e-newsletter. For daily relationship tips, follow us on facebook. For more information about any ConnectEdPAIRS service, please visit our website at <u>www.connectedpairs.com</u>, stop by, call, or email us in the counseling office. We look forward to talking with you soon.