



**Where Love, Learning, & Play go Hand in Hand**

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**September  
2020**



## Director's Corner

September brings some change here at Children's House. Last month our Preschoolers graduated and now begin a new journey into Kindergarten. As we wished them well, this allowed us to promote some children to the next classroom. With number restrictions still in place, those who promoted up were based on age and readiness. August 31 will be the first official day for promotion and the "new" school year begins. Teachers will restart their curriculum blocks during this time. They have created programming to meet the needs of the children already enrolled in their class and for those who will be joining.

A big thank you to everyone who attended the Open House with Zoom. We look forward to parenting with our families. A very big thank you to the teachers who not only created the zoom meetings but have been preparing a different kind of curriculum this season.

Each year we kick off September with a promotion school spirit week. This year we will celebrate the fun from September 14th-18th. More information will be emailed home soon.

*Judy Vlach,*  
Director

## INFORMATION STATION

This month the center will undergo our 3-year DCFS license renewal. Our DCFS licensing Rep will be viewing staff and child records, required logs, classroom environment, and building setup. We are very prepared and expect a great visit. If your child's file is missing a document or needs updated, we will be contacting you. Just a reminder that a child's physical must be updated every two years, along with a current immunization record. The immunization record must be signed and dated by the doctor.

**Children's House will be closed for Labor Day, Monday, September 7**



# Classroom News

## Baby Bunnies

A new school year has begun and we are all accounted for and ready! The Baby Bunnies are looking forward to a year of fun, love, learning, and accomplishing new milestones. Each month the Bunnies will explore a relative theme that is accompanied by a nursery rhythm. Age-appropriate lesson plans are created weekly to meet the developmental needs of each individual. Ages and Stages is a screening tool used to assist us in developing group and individual plans. Screenings are completed at 3, 6, 9, and 12 months of age. When a screening has been completed it will be sent home for the families to review.

In August, many of our friends joined us for the first time. Everyone had such a great time getting to know each other. We really enjoyed getting to know our new friends and their families. Everyone seems to be settling in well and personalities are beginning to expand and unfold. Rory is the king of the class and very active, as he begins to take steps! Drew is also on the move, as she is scooting everywhere in our room. She is even trying to pull up. Owen is preparing to make some moves as he enjoys floor time and of course he fills our room with lots of smiles. Our room is filled with the lovely sound of Katie singing. She loves conversation and being spoken too. Luka is beginning to observe our classroom even more. All of her big smiles tell us that she is very happy with her friends. Beckham enjoys song time and entertains us all with his joyful clapping. Julian is traveling everywhere and enjoys being by his other traveling friend.

Ms. Loretta  
Ms. Jo Jo  
Ms. Laura

## Busy Bees

We had a lot of fun with our Under the Sea theme in August. The children especially enjoyed painting with watercolors and pretending to be ocean animals.

Our main theme for September will be Back to School:

Week 1: The Wheels on the Bus. We will learn fun new nursery rhymes, talk about the color yellow, and find circle shapes in our room (Song: The Wheels on the Bus)

Week 2: An Apple for the Teacher. We will taste different apples, print with apples, and talk about the color red. (Song: 10 Little Apples)

Week 3: Playing is Learning. We will sort toys by color, drive our cars on blue lines (pre-writing), play hide and seek with shapes, and learn the ABC song.

Week 4: Making Friends. We will work and play about learning our names and how to play together. We will learn the "Good Morning Song"

Ms. Alison  
Ms. Erica

## September Birthdays

### Children

9/11 Ridge, Rainbows  
9/14 Lincoln, Shooting Stars  
9/15 Zach, Sunshines  
9/17 Eli, Rainbows  
9/18 Bingham, Busy Bees  
9/20 Astoria, Sunshines  
9/27 Norah, Rainbows

### Teachers

9/30 Ms. Karlene

## Sept. Staff Anniversaries

9/22 Ms. Amanda, 17 years



# Classroom News

## Sunshines

Dear Families,

A BIG welcome to our new Sunshines! We are so happy to have you.

For the month of September, we will be focusing on all kinds of animals. Our first week will be all about pets, followed by a “visit” to the farm. Wee three, we will cover the wild animals we see in our area. The last week will center on amphibians and reptiles.

If your child has any toys or books about these topics, we would love for them to share with our class!

Ms. Wendy  
Ms. Cassandra

## Shooting Stars

The Shooting Stars have had a wonderful Summer! While it looked much different that we’re used to, we had so much fun in August exploring camping, the Fair and Circus, and space!

This month, we will be focusing on these themes:

Sept. 7-11: Apples  
Sept. 14-18: In A Book  
Sept. 21-25: Birthdays  
Sept. 28—Oct. 2: Colors

We look forward to a new school year and getting to know our new families.

We can’t wait to learn how apples grow this month and to cut them open to taste and explore! Then, we will dive deep into books and each day explore a different children’s book! We are super excited to celebrate and learn more about birthdays and get colorful by exploring different colors and what we do with them.

Have a wonderful month everyone!

Ms. Amanda  
Ms. Toni

## Rainbows

Welcome to the Rainbows class. We would like to thank the parents for joining us for our Zoom meeting. We can't wait to work with all of the families this school year. We are thrilled to welcome our new friends: Adryan, Ava, Brandon, Eve, Jameson, Kayleigh, Liam, Mason, Quinn, Sam, and Susanna.

We are excited to welcome back this year: Ashlyn, Eli, Peter, and Ridge. We are all looking forward to a fun-filled year of learning in the Rainbow room.

We are looking forward to getting to know you and your child. In this class we will work on self-help skills, small and large motor skills, letter and number recognition, communication, and several other cognitive and social skills. We will cover these areas using a variety of methods to ensure that learning is always fun and interesting for your child as well as help prepare for Kindergarten.

Ms. Rachael  
Ms. Kayla



Continued...

## Central Baptist Church Worship Hours

Downtown Springfield and New Berlin:

Online Worship at [www.cbcchurchfamily.org](http://www.cbcchurchfamily.org)

If you are looking for a church home, we are always glad to have you join us in worship!

### **Wednesday Night Dinners will probably be on hiatus through the rest of the year.**

Central Baptist Church volunteers prepare a meal the first and third Wednesday nights of each month during the regular school year (September – May) as an opportunity to share with each other around the dinner table.

Children's House families are always welcome at dinner. Dinner is served cafeteria style from 4:45 to 5:45 p.m. Carryout meals are also available. The cost is \$5.00 for adults and \$1.50 for children.

**If you plan to order, please let Ann or Mason in the church office know by noon on Tuesday by calling (523-3639 or email [ann@CBCchurchfamily.org](mailto:ann@CBCchurchfamily.org))**



### Parenting Article

Hitting, Biting and Kicking: How to Stop Aggressive Behavior in Young Children

In this Empowering Parents article, the author, Joan Munson, PhD addresses how to deal with these difficult behaviors. She states, first, parents need to find the underlying reason for the behavior. In very young children, it is difficult for them to communicate and they can act out their feelings in inappropriate behaviors. For children from three to six, it might be from not learning appropriate means to deal with emotions. Dr. Munson lists possible reasons for aggression, such as over-stimulation, exhaustion, and stress to name a few. She also states to observe if they react to certain situations with aggression. She then lists some questions for parents to ask of themselves. She also offers some interventions, such as stepping in immediately, lowering your voice instead of raising it, practicing ways to diffuse anger, and more.

To read the rest of the suggestions, click [here](#).

Continued next column

## Couple's Article

### 7 Ways to Build Trust in a Relationship

The steps in this Psychology Today article written by Andrea Bonior, PhD will help in a new relationship, or to rebuild trust after a betrayal. They are:

1. Say what you mean and mean what you say. Say things you intend on following through.
2. Be vulnerable - gradually. Take time to know each other and bond.
3. Remember the role of respect. Treat each other with the utmost respect.
4. Give the benefit of the doubt. Set aside doubts and let the person come through for you.
5. Express your feelings functionally, even when it's tough. You need to be able to share your feelings without fear of repercussions.
6. Take a risk together. Experience a joint effort in something rewarding.
7. Be willing to give as well as receive. Both partners must be comfortable with the levels given by each.

To read more about these steps, click [here](#).

Blessings,  
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For monthly couples, individual, and family tips, please sign up for our e-newsletter. For daily relationship tips, follow us on facebook. For more information about any ConnectEdPAIRS service, please visit our website at [www.connectedpairs.com](http://www.connectedpairs.com), stop by, call, or email us in the counseling office. We look forward to talking with you soon.

