

December 2020 Children's House menu

Toddler substitution in ()

Fruit Selections: Grapes, Apples, Oranges,



* wg whole grain

Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

(bananas, berries, melon

Juice Selections: Apple Grape orange

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		1. mini bagels/milk	2. rice krispies/milk	3. Oatmeal/milk	4. raisin bread/ milk
Lunch		hawaiian crunch wrap tater tots Fresh Fruit	beef and bean enchilada bake broccoli fresh fruit	chicken pot pie roasted sweet potatoes fresh fruit	english muffin pizza peas fresh fruit
PM Snack		carrots/dip/juice	animal crackers/juice	cheese and crackers	Chex mix/ Juice
Breakfast	7. applesauce/grams/milk	8. waffles/ milk	9. Cherrios/ milk	10. english muffins/jelly/milk	11. oranges/kix/milk
Lunch	chicken penne cucumber slices fresh fruit	sloppy joes green beans Fresh Fruit	sesame noodles w/chicken roasted cauliflower fresh fruit	veggie chili cornbread/ roasted carrots fresh Fruit	fruit and bran muffin vanilla greek yogurt fresh fruit
PM Snack	pretzels/ juice	cucumber coins/club crackers	cheese-its/juice	chips and salsa	junior raisin mix/ juice
Breakfast	14. cinnamon toast/milk	15. yogurt parfait/milk	16. Kix/ milk	17 . oatmeal /milk	18 banana/grams/milk
Lunch	butternut squash lasanga green beans fresh fruit	sunbutter apple wrap tomato soup fresh Fruit	southwest Lentils roasted cauliflower fresh Fruit	chicken nuggets mashed potatoes fresh Fruit	pizza cucumber slices fresh fruit
PM Snack	wheat thins/juice	grape/ crackers	goldfish/ juice	pita chips/juice	cheesy chex mix / juice
Breakfast	21 . Biscuits/butter/milk	22. pancakes /milk	23. wg Cereal/milk	24. Closed	25. Closed
Lunch	pasta w/marinara cheesesticks fresh fruit	chicken salad /wg pita cucumber slices Fresh Fruit	veggie and chicken stirfry brown rice sesame carrots		
PM Snack	chips and cheese	pretzels/cheese sticks	chritmas mix/ Juice		
Breakfast	28.Toast/butter milk	29. yogurt parfait/milk	30. cinnamon toast crunch milk	31. peaches/grams/milk	
Lunch	spaghetti and marinara cheesestick/broccoli fresh fruit	ham sandwich baked beans/cucumbers fresh fruit	cheese quesadilla glazed carrots fresh fruit	chicken nuggets mashed potatoes fresh fruit	
PM Snack	Triscuits/ cheese sauce	pepper slices/oyster crackers	grape tomatoes/cheese cubes	vanilla wafers/juice	
Breakfast					
Lunch					

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PM Snack