



January
2021

Where Love, Learning, & Play go Hand in Hand

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Director's Corner

Many could agree, 2020 became a year that will soon not be forgotten. There were certainly challenges and adapting. However, many wonderful things also bloomed and challenges became opportunities for growth and learning. We are looking forward to many new opportunities and adventures this year.

At the beginning of each new year we use this time to update our contracts, Procure information sheet, and CACFP family enrollment forms. Contracts will be emailed to families to sign and return. Procure information sheets and CACFP forms will be given out during pick-up to be completed and returned. We thank you for your help as we update our enrolment records. 2020 statements will also be given out during drop off within the first week of January.

As we begin a new year together, Children's House would like to thank you for your continuous support and choosing us as your childcare center. It is truly our honor, joy, and privilege to care for your family. Our mission has always stayed the same: To provide a loving and safe learning environment, as we love others because we were first loved by him.

Wishing you and your family happy and safe new year,

Judy Vlach,
Director

INFORMATION STATION

Children's House will be closed
Monday, January 18
For Martin Luther King, Jr.
observance



Classroom News

Baby Bunnies

Baby Bunnies are running into the New Year! Beckham is walking and giving everyone High Five. Luka is sitting up, says "DaDa", and is eating table food. Barrett is trying to sit up. Georgia is walking. Owen is pulling up and moves everywhere. Drew is walking and loves to share. Katie is moving all over the room and she babbles words. We would like to welcome Stella and her family to the Baby Bunny room, as she joins us this month. Our friend Julian has promoted to the Busy Bee room. We will miss our friend but know many new adventures are ahead of him.

Ms. Loretta
Ms. Jo Jo
Ms. Laura

January Birthdays

Students

1/7 Winter, Busy Bees
1/16 Eve, Rainbows
1/28 Adryan, Rainbows
1/28 Max, Rainbows

Teachers/Staff

1/4 Ms. Rae
1/4 Ms. Rachel

Sunshines

Dear Families,

Happy 2021! The last year has been interesting, to say the least, and we are looking forward to a fresh start.

We would like to thank all of you for contributing to our Christmas party. Everyone had a wonderful time!

This month, we will be focusing on the winter season with units on the color white, winter-wear, snow and ice, and snowmen! As usual, if your child has any books related to our themes, and want to share them, feel free to bring them in.

We will still be going out to play, temperature permitting (DCFS encourages outdoor play on all days between 25-90 degrees with windchill/heat index) so please be sure your child has proper outdoor apparel.

Thank you for all you do!

Ms. Wendy
Ms. Cassandra



Busy Bees

We had such fun in December! Thank you to all of our parents who helped us make it a special, festive time.

In January, we will learn about animals who live where it is always cold. We will learn colors and vocabulary as well as parts of the body, by building pretend snowmen. We will use "wintery" colors in our art: blue, white, grey, and black.

This month our themes will be:

First week: Winter Fun

Second week: Cold weather animal friends

Third week: Snow Persons

Fourth week: Snowflakes

Within the framework of these themes we will continue to work on emerging language, socio-emotional skills, pre-math concepts and strengthening our fine and gross motor skills.

Ms. Alison
Ms. Erica

Classroom News

Shooting Stars

Winter has arrived in the Shooting Stars room and "blue" in a new color!

This month we will focus on BLUE, but that is only the beginning. As we embrace the New Year, the class will be learning about wintertime, snow critters, and will have a Frozen week! At the end of Frozen week, the Shooting Stars will watch Frozen and participate in Frozen-themed activities. More details to come!

We hope you all had a very Merry Christmas and a Happy New Year. Here's to 2021! (confetti please!)

Out with the old and into the "blue"!

Ms. Rebecca
Ms. Rae



Rainbows

December was a happy bustle of holiday fun. Happy New Year to our Rainbow families.

This month we will be exploring the season of winter. We have a lot of fun science experiments. We will also explore winter animals and talk about what it is Alike and Different.

Our weekly themes are:

Week one: Cold weather/Letter M

Week two: Winter animals/Letter N

Week three: Alike/Different, Letter O

Week four: Moses (no letter)

Happy Birthday month to:

Ms. Rachael

Adryan

Eve

Ms. Rachael
Ms. Kayla



Central Baptist Church Worship Hours

Downtown Springfield and New Berlin:

Online Worship at www.cbcchurchfamily.org

If you are looking for a church home, we are always glad to have you join us in worship!

Wednesday Night Dinners will probably be on hiatus through the rest of the year.

Central Baptist Church volunteers prepare a meal the first and third Wednesday nights of each month during the regular school year (September – May) as an opportunity to share with each other around the dinner table.

Children's House families are always welcome at dinner. Dinner is served cafeteria style from 4:45 to 5:45 p.m. Carryout meals are also available. The cost is \$5.00 for adults and \$1.50 for children.

If you plan to order, please let Ann or Mason in the church office know by noon on Tuesday by calling (523-3639 or email ann@CBCchurchfamily.org)



Disciplining Your Child

In the KidsHealth article, "Disciplining Your Child," helpful parenting tips are given for each stage of development. Some examples are:

1. Time-out works well for toddlers. First, explain why the behavior was wrong. Then, take the child to a designated area for no more than one to two minutes; longer timeouts are not effective for toddlers.
2. Children 3-5 years-old are beginning to make a connection between actions and consequences. Explain what is expected of them before punishment. Discuss why a behavior is not allowed and what will happen the next time it happens. The article states that once the child understands that the parent makes the rules and the child follows them, the better.

To read more about this and the rest of the stages, click [here](#).

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5 Benefits of Healthy Relationships

In this Northwestern Medicine article, five benefits of healthy relationships are listed as:

1. Less production of the stress hormone cortisol.
2. Better healing. Research shows that married people who have had open heart surgery are three times more likely to survive the first three months post op.
3. Healthier behaviors.
4. Greater sense of purpose.
5. Longer life.

To read more about these benefits, click [here](#).

Blessings

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For monthly couples, individual, and family tips, please sign up for our e-newsletter. For daily relationship tips, follow us on facebook. For more information about any ConnectEdPAIRS service, please visit our website at www.connectedpairs.com, stop by, call, or email us in the counseling office. We look forward to talking with you soon.

