

January 2021 Children's House menu

Toddler substitution in ()

Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	4. mini bagels/milk	5. bananas/ grams/ milk	6. rice krispies/milk	7. Oatmeal/milk	8. raisin bread/ milk
Lunch	mac and cheese peas and corn fresh fruit	grilled cheese sandwich tomato soup Fresh Fruit	chicken fried rice broccoli fresh fruit	meatloaf/dinner roll roasted sweet bake fresh fruit	french toast casserole sausage patty/roasted potatoes fresh fruit
PM Snack	pretzels/ juice	carrots/dip/juice	animal crackers/juice	cheese and crackers	Chex mix/ Juice
Breakfast	11. applesauce/grams/milk	12. waffles/ milk	13. Cherrios/ milk	14. english muffins/jelly/milk	15. oranges/kix/milk
Lunch	alphabet pasta salad broccoli fresh fruit	hawaiian crunch wrap tator tots Fresh Fruit	beef&bean enchilada bake corn fresh fruit	chicken pot pie roasted sweet potatoes fresh Fruit	pizza peas fresh fruit
PM Snack	wheat thins/juice	cucumber coins/club crackers	cheese-its/juice	chips and salsa	junior raisin mix/ juice
Breakfast	18	19. yogurt parfait/milk	20. Kix/ milk	21 . oatmeal /milk	22. banana/grams/milk
Lunch	Closed 	sloppy joes green beans fresh Fruit	sesame noodles w/chicken roasted cauliflower fresh Fruit	veggie chilli/cornbread roasted carrots fresh Fruit	fruit and bran muffin vanilla greek yogurt hashbrowns/ fresh fruit
PM Snack		grape/ crackers	goldfish/ juice	pita chips/juice	cheesy chex mix / juice
Breakfast	25. Biscuits/butter/milk	26. pancakes /milk	27.cinnamon toast crunch/mi	28. Toast/butter/milk	29. peaches/grams/milk
Lunch	butternut squash lasagna green beans fresh fruit	sunbutter apple wrap broccoli salad Fresh Fruit	southwest Lentils grazed carrots fresh fruit	chicken nuggets mashed potatoes fresh fruit	cheese pizza cucumber slices fresh fruit
PM Snack	apple slices/ club crackers	chips and cheese	grape tomatoes/cheese cubes	triscuits/cheese sauce	pepper slices/oyster crackers
Breakfast					
Lunch					
PM Snack					
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PM Snack