

December 2021 Children's House menu

Toddler substitution in ()




Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast			1. wg cereal/milk	2 cinnamon toast/milk	3. oranges/ grams/ milk
Lunch			chicken nuggets mashed potatoes fresh fruit	cheese pizza cucumber slices fresh fruit	turkey wraps cucumber slices fresh fruit
PM Snack			vanilla wafers/ Juice	apples/ cheese cubes	cheese chex mix/ Juice
Breakfast	6. bagels/cream cheese/milk	7. yogurt parfait/milk	8. rice Krispies/milk	9. biscuits/milk	10. raisin bread/milk
Lunch	pasta w/marinara cheese stick/broccoli fresh fruit	chicken salad wg pita/cucumber slices Fresh Fruit	chicken & veggie curry brown rice /carrots fresh fruit	hamburger sliders peas fresh fruit	ham & cheese fritatta biscuit/tater tots fresh fruit
PM Snack	pretzels/juice	carrots and dip/juice	animal crackers/juice	grape tomatoes/cheese cubes	chex mix/ Juice
Breakfast	13. toast/ butter/milk	14. waffles /milk	15. cheerios /milk	16. fruit bars/banana/milk	17. classroom parties/milk
Lunch	spaghetti w meat sauce broccoli fresh fruit	ham sandwich baked beans/cucumber fresh fruit	cheese quesadilla glazed carrots fresh Fruit	chicken nuggets roasted sweet potatoes fresh Fruit	cheese pizza green beans fresh fruit
PM Snack	chips and cheese	cheese and crackers	cheese-its/juice	pepper slices/crackers	classroom parties
Breakfast	20. english muffins /milk	21. yogurt parfait/milk	22 Cinnamon toast crunch/ milk	23. orange slices/grams/milk	24. closed for christmas
Lunch	mac & cheese peas and corn fresh fruit	grilled cheese sandwich tomato soup Fresh Fruit	chicken fried rice rice/roasted cauliflower fresh fruit	meatloaf dinner roll/ sweet potato bake fresh fruit	
PM Snack	wheat thins/ juice	grapes and crackers	goldfish/juice	pita chips/juice	
Breakfast	27. closed for christmas	28. pancakes/milk	29. Kix/ milk	30. banana/gram/milk	31. closed for new years
Lunch		hot ham and cheese tator tots Fresh Fruit	beef and bean enchilada bake corn fresh fruit	chicken pot pie roasted sweet potatoes fresh fruit	
PM Snack		chips and salsa	vanilla wafers/ Juice	triscuits/juice	
Breakfast					
Lunch					