



February
2022

Where Love, Learning, & Play go Hand in Hand

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Director's Corner

Love is certainly in the air this month. All month long the classrooms will be celebrating valentine's day and love. Together we celebrate the greatest love of all; God's love. The preschoolers will attend a very special chapel focusing on God 's love and this will also be the theme throughout the center. This month I went to the Pre-K Rainbows for a little help with this article. I just had this feeling they could define love the best.

" I feel loved when..."

Magnolia- With my mom in my heart.

Landon- When I am with all my friends at school.

Remi- When I am at home with my mom, dad and sister.

Astoria- When I am close to my mom and dad

Liam- When my mommy gives me hugs and kisses goodnight.

Lincoln- I love gymnastics. They make me feel so loved there.

Weston- Snuggling with my softie.

Wyatt- when I get to stay home and be cozy

Zachary- when I get to be with my mommy

As we celebrate Valentine's Day, we will be talking about kindness. Each classroom will read the story, "Heartprints". This engaging story helps foster caring and empathy in young children. Through the story we learn that every time you show kindness, little "heartprints" are left behind! This story will engage us with many activities. More information will be sent out through an email.

Judy Vlach, Director

Information Station

Mark your calendars:

February 21: Closed for President's Day

February 14: Valentine pirates

February 14-18: Valentine Spirit week:

Monday: show your Love for Valentine's Day and wear hearts, pink, red or anything Valentines day themed!

Tuesday: Show your love for your favorite team- wear your favorite team gear

Wednesday: Show your love for your classroom- represent your Classrooms by dressing like your classroom name or wear the classroom color. Don't be afraid to get creative!!

- Infants- wear brown or dress/ wear bunnies, Toddlers- wear Yellow/black or dress/wear bees
- Twos- wear yellow/orange or dress/ wear sunshine/beams (sunglasses are perfect)
- Pre-K Threes- wear yellow or dress/ wear stars
- Pre-K Fours- wear rainbow colors or dress/ wear rainbows

Thursday: Show your love for your favorite color- Wear your favorite color

Friday: Show your love for comfort- Wear your pajamas to school.



Classroom News

February Birthdays

Students

2/7 Hazel, Busy Bees
2/7 Katie, Busy Bees
2/20 Owen, Busy Bees
2/21 Emilee, Shooting Stars

STAFF SUPERHEROES



Superhero: Ms. Wendy
Secret Identity: Sunshine/two teacher
C.H. Mission Start Date: 2020
Superpower: Her bubbly energy and outgoing personality is perfect while saving the world with the twos.

Superhero: Ms. Loretta
Secret Identity: infant room teacher
C.H. Mission start date: 2015.
Superpower: She is keen on detail, as she provides amazing care to each and every infant.

Superhero: Ms. Connie
Secret Identity Pre-K Shooting Stars teacher
C.H. Mission Start Date: 2021.
Superpower: Her patience is a gift as is her love for others.

Superhero: Ms. Ann
Secret Identity: Children' House receptionist and CBC Admin
C.H. Mission start date: 2018
Superpower: infinite knowledge and founder of Disco Friday at Children's House

Baby Bunnies

In January, the Baby Bunnies learned about the cold. The painting with ice art was a big hit with all the babies. Stella and Christian loved putting cotton balls on contact paper to make a snowman. Reese loved coloring the hat and glove coloring page. Sylas loves playing chase with his friends, while Sophie loves playing ball. Theo loves listening to his teachers read books. Cash loves jumping in the jumper. In February, we will learn about loving our neighbors, friends, family, and ourselves. If you haven't already, we encourage you to make a collage of pictures of family on the scrapbook paper provided. The babies love looking at pictures of their families

Ms. Loretta
Ms. JoJo
Ms. Laura



Busy Bees

Welcome to February! With Valentine's Day in the middle of the month, it's a great time to work on our social/emotional skills (and by work, I mean have a lot of fun learning!) We will have a Valentine's party, and a sign-up sheet is posted. It's so much fun to watch as toddlers learn to care about each other and play together.

This month we will talk about red (and pink) and focus on the heart shape. Our themes this February will be:

Week One: Red and the Heart Shape
Week Two: Valentine's Day and Love
Week Three: Feelings
Week Four: Random Acts of Kindness

All month (as every month) we will catch our little ones being kind to each other/sharing/comforting one another/taking turns.

Ms. Erica

Classroom News

Sunshines

This month, we are focusing on LOVE! The love we have for our families, our friends, and our neighbors. The love we can share with the world in general, and most importantly, the love of God and his son, Jesus. We will be doing art activities with hearts, the colors red and pink, and Valentine's Day.

Please remember that we will try to go outside, temperatures permitting. If you would send your child to school with snow boots, mittens, as well as the usual change of clothes, we would love to get in some snow play! DCFS allows outdoor play when the real feel is 25-90 degrees Fahrenheit. When temps are at the lower end of this range, we will shorten the amount of time spent outside.

Here's to an amazing month!

Ms. Wendy
Ms. Cassandra

Shooting Stars

Hello Shooting Stars Families!

All you need is love in the Shooting Stars room! February is here and our month's theme is, of course, Love! The Shooting Stars will be busy learning about Black History month, Groundhog Day, Dental Health Awareness, President's Day, and of course Valentine's Day! We will also be focusing on all the PINK for our color of the month.

Our weekly themes include:

- Wk 1: Black History/Frozen catch up
- Wk 2: Self-love/Dental and Body health
- Wk 3: Valentine's Day/Friends and Family
- Wk 4: God's Love

We will be having our classroom Valentine's Day celebration on Monday, February 14 at 3pm. We will be exchanging valentines and of course share snacks! A classroom list and signup sheet will be available soon.

Happy Love month everyone!

Ms. Rebecca
Ms. Connie

Rainbows

January went by quickly. We are hoping the groundhog tells us Spring is not far away!

This month we will be doing lots of valentine activities along with our weekly themes. We will be working on the letters P, Q, and R. We will also be working on the heart shape and the color, pink. Throughout the month we will be celebrating Black History Month. We will be learning about many important people in our history.

Our themes are:

Jan 31st- Feb 4th: Groundhog and shadows, Letter P

Feb. 7th- 11th: health and nutrition, letter Q

Feb. 14th -18th: Valentines, my heart belongs to Jesus, Letter R

Feb. 21st- 25th: President's Day, Letter review: P, Q and R

On February 14, we will be having our Valentine's Day party. We will be having a card exchange in the morning. Please have your child bring a valentine for each child and write:

To: A friend

From: (your child's name)

This activity promotes writing and fine motor development. A signup sheet will be posted closer to the time.

Ms. Angela
Ms. Rae



Couples Article

Central Baptist Church

We have returned to in-person worship at both locations! 10:45 a.m. at Springfield and 9:00 a.m. at New Berlin. If you are looking for a church home, we are always glad to have you join us in worship! You may also view our worship videos at www.cbcchurchfamily.org.

Wednesday Night Dinner is on hiatus

Central Baptist Church volunteers prepare a meal the first and third Wednesday nights of each month during the regular school year (September – May). Children's House families are always welcome at dinner. Dinner is served cafeteria style from 4:45 to 5:45 p.m. Carryout meals are also available. The cost is \$5.00 for adults and \$1.50 for children.



Parenting Article

5 Positive Parenting Tips You Can Use in 2022

Your toddler decides the blue plate that he just had to use yesterday is not the right color today. He begins screaming. You have had it and find yourself yelling at him to stop screaming. Makes sense, right? Most parents can identify with this situation. In this article about positive parenting, nationally recognized parenting expert and “recovering yellor” Amy McCreedy gives five tips to prevent these incidents. Some of these are:

1. Get to the root of the behavior. There is always something motivating a child's negative or disruptive behavior. The behavior itself is simply the symptom. Once you identify the root of the issue, you can become a proactive parent and prevent the outbursts from happening in the first place.
2. Be consistent. Keep your routine the same, even on weekends and holidays. Be consistent with rules and discipline.
3. Say no to rewards. Rewards may lead to feelings of entitlement and that children learn to hold out until they are offered a reward.

To read additional positive parenting tips, click [here](#).

Continued next column....

How to Accept Your Partner's Flaws

When trying to improve a relationship, it is often better to learn to accept your partner's quirks and differences than to try to change them. In this Psychology Today article, Alice Boyes, PhD lists five ways to do this, such as:

1. Reevaluate the seriousness of your partner's flaws. Often, people become very annoyed by something that in the grand scheme of life is not really all that big of a deal.
2. Acknowledge your own flaws. What do you ask your partner to accept about you?
3. Consider why particular flaws irk you so much. Take a hard look at the extra meaning you might be adding to your frustration about your partner's flaws.

To read and learn more about accepting flaws, click [here](#).

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For monthly couples, individual, and family tips, please sign up for our e-newsletter. For daily relationship tips, follow us on facebook. For more information about any ConnectEdPAIRS service, please visit our website at www.connectedpairs.com, stop by, call, or email us in the counseling office. We look forward to talking with you soon.