

April 2022 Children's House menu

Toddler substitution in ()

Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					4. raisin bread/ milk
Lunch					oatmeal pancakes yogurt/ tater tots fresh fruit
PM Snack				s	chex mix/Juice
Breakfast	4. english muffins/butter/milk	5. waffles/butter/syrup/milk	6. Cheerios/milk	7.fruit bars/bananas/milk	8.applesauce/grams/milk
Lunch	cheese lasagna green beans fresh fruit	turkey and cheese wrap broccoli Fresh Fruit	beef tacos glazed carrots fresh fruit	chicken nuggets mashed potatoes fresh fruit	cheese pizza cucumber slices fresh fruit
PM Snack	cook's choice	cheese and crackers	cheese-its /juice	pepper slices/crackers	Junior mix/Juice
Breakfast	11. Oatmeal/milk	12. yogurt parfait /milk	13. cinnamon toast crunch/milk	14. Easter parites	15.Biscuits/jelly/butter/ milk
Lunch	mac and cheese broccoli fresh fruit	vegetable beef soup pita/ cucumber slices fresh fruit	chicken and vegetable curry brown rice,carrots fresh Fruit	Hamburger sliders peas fresh Fruit	ham and cheese friatta biscuit/tater tot fresh fruit
PM Snack	chips and cheese	grapes and crackers	goldfish/juice	easter parties	cheese chex mix
Breakfast	18. toast/butter/jelly/milk	19. pancakes/butter/milk	20. Kix cereal/ milk	21. banana/grams/milk	22. french toast sticks/milk
Lunch	spaghetti w/ meat sauce broccoli fresh fruit	ham sandwich baked beans/cucumber slices Fresh Fruit	cheese quesadilla glazed carrots fresh fruit	chicken nuggets mashed potatoes fresh fruit	cheese pizza green beans fresh fruit
PM Snack	wheat thins/Juice	chips and salsa	Vanilla wafers/juice	triscuits/cheese	apple slices/cheese stick
Breakfast	25. oranges/grams milk	26 .english muffins/milk	27.wg cereal	28.oatmeal/milk	29. raisin bread/Juice
Lunch	mac and cheese peas and corn fresh fruit	grilled cheese sandwich tomato soup Fresh Fruit	chicken fried rice broccoli fresh fruit	meatloaf/dinner roll sweet potato bake fresh fruit	french toast casserole sausage patty/roasted potatoes fresh fruit
PM Snack	pita chips /juice	cucumbers and club crackers	teddy grams /Juice	peaches/ ritz	cook's choice
Breakfast					
Lunch					