

May 2022 Children's House menu

Toddler substitution in ()


Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	2. mini bagels/milk	3. yogurt/cherrios/milk	4. rice Krispies/milk	5. Oatmeal/milk	6. raisin bread/ milk
Lunch	chicken noodle soup broccoli fresh fruit	hot ham and cheese tatertots Fresh Fruit	beef enchilada bake corn fresh fruit	chicken pot pie roasted sweet potatoes fresh fruit	cheese pizza peas fresh fruit
PM Snack	pretzels/ juice	carrots/dip/juice	animal crackers/Juice	grape tomatoes/	chex mix/Juice
Breakfast	9.toast/Jelly/milk	10. waffles/butter/syrup/milk	11. Cheerios/milk	12.fruit bars/bananas/milk	13.applesauce/grams/milk
Lunch	penne alfredo cucumber slices fresh fruit	sloppy joes green beans Fresh Fruit	teriyaki turkey meatballs rice/roasted cauliflower fresh fruit	veggie chilli cornbread/roasted carrots fresh fruit	oatmeal pancakes/yogurt tater tots fresh fruit
PM Snack	tortilla chips/cheese	cheese and crackers	cheese-its /juice	pepper slices/crackers	Junior mix/Juice
Breakfast	16. english muffin/milk	17. yogurt parfait /milk	18 cinnamon toast crunch/milk	19. oatmeal/milk	20.Biscuits/jelly/butter/ milk
Lunch	cheese lasagna green beans fresh fruit	turkey and cheese wraps broccoli fresh fruit	beef tacos glazed carrots fresh Fruit	chicken nugget mashed potatoes fresh Fruit	cheese pizza cucumber slices fresh fruit
PM Snack	wheat thins/Juice	grapes and crackers	goldfish/juice	pita chips/juice	cheese chex mix
Breakfast	23. toast/cinnamon/milk	24. pancakes/butter/milk	25. Kix cereal/ milk	26. banana/grams/milk	27. french toast sticks/milk
Lunch	Macaroni and cheese broccoli fresh fruit	vegetable beef soup pita bread Fresh Fruit	chicken and vegetable curry brown rice carrots fresh fruit	hamburger sliders peas fresh fruit	ham and cheese fritatta biscuits/tator tots fresh fruit
PM Snack	cucumber slices/crackers	chips and salsa	Vanilla wafers/juice	triscuits/cheese	apple slices/cheese stick
Breakfast	30. closed	31. .english muffins/milk			
Lunch		ham sandwich/baked beans cucumber slices Fresh Fruit			
PM Snack		ritz crips/ juice			
Breakfast					
Lunch					