

Where Love, Learning, & Play go Hand in Hand

501 S 4th Street • Springfield, IL 62701 (217) 523-0122 • www.CBCchildrenshouse.org judy@cbcchurchfamily.org

Director's Corner

Children's House summer is in full swing and you can feel the excitement. Warmer and sunnier days means more outdoor fun, water play and hopefully a few field trips and walks. We welcomed back the school-age summer program this month. Together we will celebrate the beginning of summer with a weeklong "Summer Lovin" spirit week. Each day is a different theme with a special outfit and activity. An email with more information will be sent out soon.

"Summer Lovin" spirit week June 13th - 17th Monday 13th- Kicking off summer fun (fun sock day) Tuesday 14th- Ready for a SUPER cool summer (superhero day) Wednesday 15th Tropical Wednesday Thursday 16th- Road trip Thursday Friday 17th- Drive-in Friday

I would like to personally take this time to thank all Children's House families for their love and support last month during Teacher Appreciation week. The teachers had a great week and could feel the love. Thank you again for your time and resources in creating this wonderful week.

Happy Father's Day to all the Children's House dads.

Judy Vlach, Director

June 2022



STAFF SUPERHEROES

Superhero: Ms. Karlene

Secret Identity: Food Service, Center Floater

C.H. Mission start date: 6/5/2013

Superpower: Ms. Karlene is always willing to help in any capacity and completes so many tasks that make our center run smoothly. All the children enjoy when Ms. Karlene delivers lunch and snacks, as they love to visit with her and give her hugs. Thank you Ms. Karlene for your years of service.

Superhero: Ms. Laura

Secret Identity: Baby Bunnies teacher C.H. Mission start date: 6/20/2020

Superpower: She has a very kind heart and it is easy to see her love the infants in her care and her investment in their growth and development. Thank you Ms. Laura for your service.

Classroom News

June Birthdays

Students

6/15 Olivia, Sunshines 6/21 Elliot, Sunshines

Staff

6/16 Ms. Linda



Baby Bunnies

In May, we learned about people in our community. During our weekly walks we were able to see the people who are in our community. Everyone really enjoys the sites. Our friend Theo has been our tour guide as he enjoys pointing to the things he sees on the way.

The Baby Bunnies have been enjoying their art projects and exploring. Quincy has really enjoyed creating with finger painting. While Gavin has been enjoying coloring with help from his teachers.

The Bees have been working on fine motor and gross motor development. Reese enjoys singing Row, Row, Row, Your Boat, while rowing her boat. Sophie is working on counting and loves to count her fingers. Kellen is working on sitting up independently and enjoys watching the classroom while practicing. Cash is ready to travel the room as he is practices standing. Finn is amazed and interested in the chain links.

In June we will start some summer fun including water play, walks, and learning about all things SUMMER! Happy Father's day to all our dads.

Ms. Loretta Ms. JoJo Ms. Laura



Busy Bees

Our themes for June are:

Week 1: Bugs and Sun. We will be exploring all things "Buggy" and the Sun; how it feels, looks, etc.

Week 2: Dads. We will be talking all about Dads.

Week 3: Ice Cream. We will explore ice cream and the cold textures, colors, and shapes of all cool treats. We will end the week with an ice cream party on Friday, June 24.

Week 4: We will be getting our Red, White, and Blue on for some 4th of July fun!! Friday, July 1, wear red, white, or blue please.

We are so excited to be here at Children's House and to be teaching and caring for your precious little ones. Thank you so much for the warm welcome!

Ms. Kathy Ms. Linda



The Starfish are back and ready for a fun and exciting summer. Each week we have fun themes planned with science, pre-reading, math, art, gross motor skill fun, and so much more. This year the reading caterpillar challenge is back! We are so excited to watch our caterpillars grow as we spring into reading fun!

June's Weekly themes:

May 30 – June 3: Howdy Partner (western week)

June 6-10: Calling all superheroes
June 13-17: Sumer Lovin spirit week

June 20-24: Under the Big Top

June 27 - July 1: Happy Birthday America

Ms. Amanda Ms. Nora

Classroom News

Sunshines

Dear Families,

It's finally Summer! We are going to kick off the season with Alphabet month!

We will be focusing on 1 to 2 letters per day:

June 1-3: A,B,C June 6-10: D – H June 13-17: I – M June 20-24: N – S June 27-30: T – Z

If your child has any unique Alphabet books, we would love to read them!

We are hoping to spend time outside everyday, weather permitting. We ask that you supply sunscreen to your child in the mornings and send some sunscreen to school as well so that we can reapply as needed.

Thank you!

Ms. Wendy Ms. Cassandra

Shooting Stars

Hello Shooting Star Families!

Throughout the month of June, we will be learning about fun new themes! Our monthly color theme will be brown and our weekly themes include:

Week One: Water/Picnics Week Two: Rocks/Nature

Week Three: Father's Day/Superheroes Week Four: Summer Welcome/Camping

Week Five: the Zoo

Just a reminder that as the Summer weather gets warmer, our friends will be needing a closed lid water bottle and sunscreen. Water bottles will go home with sleep bags every Friday to be washed and returned Monday for the next week.

Shooting Stars continued....

We are excited to welcome Summer and the warmer weather!

Ms. Rebecca Ms. Connie

Rainbows

Splish-Splash! Let's dive into summer fun! June begins our summer schedule of fun and adventure. "Summer fun" even serves as our monthly theme. Throughout the month we will revisit the letters of the alphabet and continue to prepare for the transition into kindergarten. We will continue to work on skills such as, addresses, printing, phone numbers and so much more.

June's theme is summer fun:

May 30- June 3: welcome summer

June 6-10: oceans

June 13- 17: vacation /Father's Day

June 20- 24: camping June 27- 30: Jonah

Our monthly themes will lead us on a flight to Hawaii and on bear hunt during our camping adventure. Summer adventure awaits the Rainbows.

The Rainbows hosted a wonderful Mother's Day Tea last month. Thank you, Rainbows, for a job well done and your hard work.

Please mark you calendars for Rainbow Pre-K graduation on August 19th. More details to come.

Ms. Erica

WELCOME to Central Baptist Church

Our worship times are 10:45 a.m. at Springfield and 9:00 a.m. at New Berlin with a variety of Sunday School classes at Springfield at 9:15 a.m., and Sunday School following worship in New Berlin.

If you are looking for a church home, we are an American Baptist denomination and welcome everyone who wishes to join with us. You may find out more about American Baptists here or you may wish to view our live worship at New Berlin on Facebook at www.facebook.com/cbcchurchfamily.





Parenting Article

Six Ways to Respond to Your Kids' Big Feelings

In this article, Jessica L. Borrelli, PhD and Stacey N. Doan, PhD tackle ways to help your child deal with emotions. They list six ways to respond. Some of these are:

- 1. Acknowledge and validate children's emotions. If you don't know exactly what they are feeling, you can ask them something as simple as, "Are you feeling sad?"
- 2. Emanate empathy. Sometimes it's difficult to show empathy when your child has misbehaved due to his or her emotions. In this case, it is important for you to be able to separate the child from his or her behaviors.
- 3. Encourage children to express their emotions. Help them elaborate on their feelings in a way they understand.

To read more about these ways to respond, click here.

Couples Article

7 Tips for Raising Children and Keeping Your Marriage Intact

This article on A New Beginning's website lists seven helpful tips to balance children and marriage and maintain the foundation of a strong relationship. Some of the tips listed are:

- Vocalize and listen to each other's concerns. Remember that you have each other to depend upon.
- 2. Lean on the expertise of family and friends. They have been down this road and have probably learned from mistakes they made.
- 3. Be open and honest with each other if you should harbor doubts. Talking with each other can prevent problems in the relationship.

To read more of these tips, click here.

Stephani Cave, LCPC ConnectEdPAIRS 217-972-4851 stephani@cbcchurchfamily.org

Donna Givens, LCPC 618-973-5072 donnagivensrnlcpc@yaho.com

For monthly couples, individual, and family tips, please sign up for our e-newsletter. For daily relationship tips, follow us on facebook. For more information about any ConnectEdPAIRS service, please visit our website at www.connectedpairs.com, stop by, call, or email us in the counseling office. We look forward to talking with you soon.

