

June 2022 Children's House menu

Toddler substitution in ()

Breakfast and Lunch: Whole milk 2yrs-younger, 2% 3's & 4's

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast			1 w.g cereal	2. grain bar/ grapes/milk	3. grams and applesauce
Lunch			chicken nuggets mashed potatoes fresh fruit	cheese quesadilla glazed carrots fresh fruit	cheese pizza green beans fresh fruit
PM Snack			vanilla wafers / Juice	cracker/cheese slice	triscuits/ Juice
Breakfast	6 . Mini bagels /milk	7. yogurt cheerios/milk	8 rice Krispie cereal/milk	9. Oatmeal/milk	10. raisin bread/milk
Lunch	mac and cheese peas and corn fresh fruit	grilled cheese sandwich tomato soup Fresh Fruit	chicken fried rice broccoli fresh fruit	meatloaf/dinner roll sweet potato bake fresh fruit	french toast casserole sausage patty/ roasted potatoes fresh fruit
PM Snack	pretzels/ juice	carrots/dip/juice	animal crackers/ Juice	grape tomatoes/club crackers	chex mix/ Juice
Breakfast	13. toast/jelly/milk	14. yogurt parfait /milk	15. cinnamon toast crunch/milk	16 oatmeal/milk	17.Biscuits/jelly/butter/ milk
Lunch	chicken noodle soup broccoli fresh fruit	hot ham and cheese tatertots fresh fruit	beef enchilada bake corn fresh Fruit	chicken pot pie roasted sweet potatoes fresh Fruit	cheese pizza peas fresh fruit
PM Snack	tortilla chips/cheese	cheese and crackers	cheese-its juice	pepper slices/crackers	Junior mix/ Juice
Breakfast	20.english muffin /milk	21. yogurt parfait/milk	22.cinnamon toast crunch/ milk	23. oatmeal/milk	24.biscuits/jelly/butter/milk
Lunch	penne Alfredo cucumber coins fresh fruit	sloppy joes green beans Fresh Fruit	teriyaki turkey meatballs roasted cauliflower fresh fruit	veggie chilli cornbread/ roasted carrots fresh fruit	oatmeal pancakes yogurt /tator tots fresh fruit
PM Snack	wheat thins/ Juice	grapes and crackers	goldfish/ juice	pita chips/ juice	cheese chex mix
Breakfast	27.toast cinnamon/milk	28. pancakes/butter/milk	29. Kix cereal/milk	30. banana/grams/milk	
Lunch	cheese Lasagna green beans fresh fruit	turkey and cheese wrap broccoli Fresh Fruit	beef tacos glazed carrots fresh fruit	chicken nuggets mashed potatoes fresh fruit	
PM Snack	cucumber slices/crackers	chips and salsa	Vanilla wafers/ juice	triscuits/cheese	
Breakfast					
Lunch					