



September
2022

Where Love, Learning, & Play go Hand in Hand

501 S 4th Street • Springfield, IL 62701
(217) 523-0122 • www.CBCchildrenshouse.org
judy@cbcchurchfamily.org

Director's Corner

September represents the beginning of the new school year at Children's House. Everyone is adjusting into their new classrooms and teachers' curriculums are starting again. It will be a year full of fun and learning.

Together we will kick off the new school year with a spirit week. A bubble party will kick off our week on Monday and a sidewalk chalk party will end our week on Friday. Please join us September 12-16th for all the fun! More information will come out soon by email.

Monday 12th: Let's waltz into a new school year....Disney Day

Tuesday 13th: Here is to a super good year...Superhero Day

Wednesday 14th: Let's shout it out... Sports Day

Thursday 15th: Let's get wild... Crazy hat and hair day

Friday: Too much fun to rest..... p.j. day

Judy Vlach, Director

Information Station

Children's House will be closed
Monday, September 5
To observe the Labor Day Holiday

Staff Superheroes

Superhero: Ms. Rae

Secret Identity: center support teacher

C.H. Mission start date: 9/3/19

Superpower: Can handle any assignment

Super Strength: Ms. Rae answers the call for assistance in all classrooms when needed. She is always there to with love and support.



Classroom News

September Birthdays

Students

9/14 Marty, Shooting Stars
9/16 Stella, Busy Bees
9/18 Bingham, Shooting Stars
9/20 Astoria, Rainbows
9/21 Alana, Shooting Stars

Staff

9/11 Ms. Connie
9/30 Ms. Karlene



Baby Bunnies

We walked on the wild side in August and learned about animals!

Theo expressed his artistic talent by putting cotton balls on contact paper sheep. Animal toys were Cash's favorite. Kellen loved crawling through the 'lion's den' also known as the tunnel. Gavin got his footprint painted for footprint lions craft. Finn painted his muddy pig art. Songs about animals brought the dance moves out of Iris.

We wish Quincy good luck on her next adventure in the toddler room. We welcomed Maeve and June into the Baby Bunnies room.

In September, we will go back to school and learn about colors, numbers, and our ABCs.

Ms. Loretta
Ms. JoJo
Ms. Laura

Busy Bees



Happy Fall, y'all!

This month we will be exploring all things Fall. Apples, pumpkins, and leaves, oh my! Be on the lookout for a fun Fall scavenger hunt to do with your child. You will then share your findings with our class for our sensory bin.

The weather is changing so please make sure your child has a light jacket and a pair of pants, just in case.

Last month we said goodbye to our friends, Mae, Christian, Barrett and Hayden as they moved to the Sunshine room. While we will miss them, we wish them the best of luck. How much fun they will have! WE want to send a big Busy Bee welcome to our new friends and their families; Quincy, Madeline, and Gabrielle. We look forward to a fun year of learning together.

Ms. Kathy
Ms. Linda



Classroom News

Sunshines

Dear Families,

Welcome to a new school year in the Sunshine!

During the month of September, we will be talking about all kinds of animals; reptiles, amphibians, woodland animals, farm animals, pets, and animals we only see in zoos!

If you have a pet, please send us a picture of your child with your pet for us to discuss and display. Also, feel free to send in any books about animals your child wants to share.

Thank you and God bless,

Ms. Wendy
Ms. Cassandra

Shooting Stars

Hello Shooting Stars Families!

Summer is coming to an end but fun and learning is not! We look forward to starting the new school year and plan to learn about the following fun themes:

Week One: Nursery Rhymes/Classic Tales

Week Two: Pets

Week Three: Apples/Welcome Fall

Week Four: Farm/Harvest

The Shooting Stars will focus on reviewing all colors of the rainbow this month as well. We would like to wish the following friends a very happy September Birthday:

Ms. Connie, Marty, and Bingham.

Ms. Rebecca
Ms. Connie

Rainbows

Welcome to the Rainbows class! Our visiting week went very well and we are thrilled to have our new friends: Esadora, Jaxson, Ben, Mason, Alana and Malcolm. We are excited to welcome back this year: Carson, Astoria, Elise, Eli, and Maryn. We are well on the way to a fun-filled year of learning in the Rainbow Room.

We are looking forward to getting to know you and your child. In this class, we will work on self-help skills, small and large motor skills, letter and number recognition, communication, and several other cognitive and social skills. We will cover these areas using a variety of methods to ensure that learning is always fun and interesting for your child as we prepare for kindergarten.

Our classroom is theme based, meaning every week has a theme and every day we discuss a different topic pertaining to that theme. We will integrate this theme into activities throughout the day. Each Friday will be Fabulous Friday with a fun activity related to our theme and a movie.

We also concentrate on one letter of the alphabet every week, except for our Christian Living week. We will work on recognizing this letter, practice sounding it. Out, we'll try writing it, and naming things that begin with the letter.

Sept. 5-9: All About Me (I Am Special), Letter A

Sept. 12-16: Emotions, Letter B

Sept. 19-23 Five Senses, Letter C

Sept. 26-30 the Bible

Ms. Erica

WELCOME to Central Baptist Church

Our worship times are 10:45 a.m. at Springfield and 9:00 a.m. at New Berlin with a variety of Sunday School classes at Springfield at 9:15 a.m., and Sunday School following worship in New Berlin.

If you are looking for a church home, we are an American Baptist denomination and welcome everyone who wishes to join with us. You may find out more about American Baptists [here](#) or you may wish to view our live worship at New Berlin on Facebook at www.facebook.com/cbcchurchfamily.



Parenting Article

6 Ways to Improve Your Parenting Skills

Katherine Lewis states in this Verywell Family article that being a good parent can help offset negative experiences that a child might have. Some of her suggestions for improving parenting skills are:

1. Listen to your kids. When you are spending time with your children, avoid distractions.
2. Stick to your rules. Make sure your discipline is consistent but flexible. If you change your rules, explain why.
3. Be a good role model. Kids will copy what you do, not what you say.
4. Control your emotions. Show your children how you can keep your cool and resolve issues.

To read more about improving parenting skills, click [here](#).

Connected Pairs continued....

Couples Article

How to Spot Relationship Red Flags

In this Health Essentials article, social worker Karen Salerno, MSSA, LISW-S discusses red flags in relationships, as well as what a healthy relationship looks like. Some of the red flags she mentions are:

1. The relationship moves too quickly and the person showers you with excess affection.
2. They talk about their exes with disrespect.
3. Their anger makes you feel unsafe.
4. They push your physical boundaries. This could be as simple as tickling you when you don't want to be tickled.

To read more of this article, click [here](#).

For monthly couples, individual, and family tips, please sign up for our e-newsletter. For daily relationship tips, follow us on facebook. For more information about any ConnectEdPAIRS service, please visit our website at www.connectedpairs.com, stop by, call, or email us in the counseling office. We look forward to talking with you soon.

Stephani Cave, LCPC
ConnectEdPAIRS
217-972-4851

stephani@cbcchurchfamily.org

Donna Givens, LCPC 618-973-5072
donnagivensrnlcpc@yahoo.com

