

December 2022 Children's House menu



Toddler substitution in ()

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				1. oranges/grams/milk	2. apples/grainbars/milk
Lunch				chicken pot pie roasted sweet potatoes fresh fruit	cheese pizza peas fresh fruit
PM Snack				cheesesticks/pretzels	teddy grams/juice
Breakfast	5. bagels/creamcheese/milk	6. yogurt parfait/milk	7. rice krispies cereal/milk	8. banana/grams/milk	9. raisin bread/milk
Lunch	Penne alfredo cucumber slices fresh fruit	sloppy joes green beans Fresh Fruit	terriyaki Turkey meatballs brown rice/carrots fresh fruit	Veggie chilli/cornbread roasted carrots fresh fruit	oatmeal pancakes yogurt/tator tots fresh fruit
PM Snack	pretzels/juice	carrots/dip/juice	animal crackers /Juice	grape tomatoes/cheese cube	chex mix/ juice
Breakfast	12. toast/jelly/biutter/milk	13. waffles/milk	14. cherrios/milk	15. fruitbar/banana/milk	16. Party day
Lunch	cheese lasagna green beans fresh fruit	turkey and cheese wrap baked beans/cucumbers fresh fruit	beef tacos glazed carrots fresh Fruit	chicken nuggets mashed potatoes fresh Fruit	cheese pizza green beans fresh fruit
PM Snack	tortilla chips/cheese	cheese and crackers	cheese-its/ juice	pepper slices/club crackers	party day
Breakfast	19. english muffins/milk	20, yogurt parfait/milk	21 cinnamon toast crunch/milk	22, applesauce/grams/milk	23. closed for Christmas
Lunch	mac and cheese broccoli fresh fruit	vegetable beef soup pita bread Fresh Fruit	Chicken curry broccoli fresh fruit	hamburger slider peas fresh fruit	
PM Snack	wheat thins/Juice	grapes and crackers	goldfish/juice	pita chips/juice	
Breakfast	26. closed for Christmas	27. pancakes/butter/milk	28. Kix cereal/milk	29. cinnaomon toast/milk	30. biscuits/jelly/milk
Lunch		ham sandwich/baked bean cucumber slices fruit	cheese quesadilla carrots fruit	chicken nuggets mashed potatoes fresh fruit	cheese pizza green beans fresh fruit
PM Snack		chips and salsa	Vanilla wafers/juice	cucumber slices/crackers	cheesy chx mix/juice
Breakfast					
Lunch					