

February 2023 Children's House menu


Toddler substitution in ()

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast			1. Rice krispie cereal/milk	2. banana/grams/milk	3. Raisin bread/milk
Lunch			Chicken /veggie curry broccoli fresh fruit	hamburger slider peas fresh fruit	ham/cheese fritatta biscuit/tater tots fresh fruit
PM Snack			animal crackers /Juice	grape tomatoes/cheese cube	chex mix/ juice
Breakfast	6. toast/ jelly/milk	7. waffles/milk	8. cherrios/milk	9. fruit bars and banana/m	10. applesauce/grams/milk
Lunch	spaghetti w/ meat sauce broccoli fresh fruit	ham sandwich baked beans/cucumbers Fresh Fruit	Cheese Quesadilla glazed carrots fresh fruit	chicken nuggets mashed potatoes fresh fruit	cheese pizza green beans fresh fruit
PM Snack	tortilla chips/cheese	cheese and crackers	cheese-its /Juice	pepper slices/ club crackers	Junior chex mix/ juice
Breakfast	13.english muffins/milk	14. classroom party	15. cinnamon toast cereal	16. yogurt parfait/milk	17. Biscuit/jelly/milk
Lunch	mac and cheese peas/corn fresh fruit	Grilled Cheese Sandwich tomato soup fresh fruit	Chicken Fried Rice broccoli fresh Fruit	meatloaf/dinner roll sweet potato bake fresh Fruit	french toast casserole sausage patty/roasted potatoes fresh fruit
PM Snack	wheat thins(crackers I/T)/Juice	classroom party	goldfish/ juice	pita chips(ritz thins I/T)/juice	Cheese mix/ juice
Breakfast	20. Closed	21 .pancakes/milk	22. Kix cereal/milk	23.Cinnamon toast/milk	24. Apple/grams/milk
Lunch		hot ham and cheese tatertots Fresh Fruit	beef enchilada bake corn (peas I/T 2's) fresh fruit	chicken pot pie roasted sweet potatoes fresh fruit	cheese pizza peas fresh fruit
PM Snack		chips and salsa	Vanilla wafers juice	cucumber slices / club crackers	Triscuits/ juice
Breakfast	27 bagels/cream cheese/milk	28.yogurt parfaits/milk			
Lunch	Penne alfredo cucumber slices fresh fruit	sloppy joes green beans Fresh Fruit			
PM Snack	Pretzel sticks/juice	grapes and crackers			
Breakfast					
Lunch					