



March
2023

Where Love, Learning, & Play go Hand in Hand

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Director's Corner

Will March come in like a lion or a lamb? Together we will find the answer to this question, as we discover the wonder of the wind. Many of us are familiar with the quote, "Faith is like the wind". You cannot see the wind; you cannot see faith. How does one know that "wind" exists? Papers blowing, clouds moving, kites propelling, leaves rustling-these all tell us air is moving and we call this "wind". We can hear air rushing past our ears or the feel of air gliding over our skin or even blowing in our face. While we cannot see it we know it is there. Young children are concrete learners. They learn through using their physical senses. They know by what they can touch, see, hear, taste and smell. Young children may struggle understanding the presence of God, since he cannot be seen. If we cannot see him, how do we know he is there? Just like the wind, we can feel and see the presence of God. We know God is there the same way we know the wind is there. In a special chapel we will use the wind and a kite to help us better understand God. Together we will discuss the ways we know God is with us, even when we do not see him. 1 John 4:12 will be our bible verse for the month. No one has ever seen God; but if we love one another, God lives in us and his love is made complete in us. 1 John 4:12

Classrooms will be celebrating Saint Patrick's Day with many planned activities and of course we will be exploring the color green. Last month we celebrated Valentine's Day with a card exchange and special treats. We could see love and kindness everywhere. A special thank you to families who helped make this day fun and the teachers for all their hard work on party day. Next month we will be hosting an Easter Egg hunt and party. Families are invited to attend. More details will be sent home soon.

Judy Vlach, Director

Information Station

Children's House is Closed March 6 for Professional Development

On March 6 Children's House will be closed for attendance, as teachers attend a professional development day. Staff will participate in continued education training, team meetings and classroom prep time.



Lights, camera, appreciation!!
Featuring Superstar staff Walk of Fame.

The All-star Cast:

Copper Pot, Chef Denise: Starring in the Kitchen since 2020.

Chef Denise is a super-hero action star as she prepares our lunches each day. It is clear she had a real talent for cooking, but she also has a desire to provide well balanced meals. Children's House is her biggest fan, and the children often rave how delicious lunch is. Of course, pizza day is our favorite and that makes her a hero in our book! Thank you, Ms. Denise, for your service and we are grateful for the blessing you are.

Classroom News

March Birthdays

Students

3/4 Iris, Baby Bunnies
3/15 Elijah, Rainbows
3/19 Elise, Rainbows
3/21 Carolyn, Busy Bees
3/21 Jaqueline, Busy Bees
3/29 June, Baby Bunnies

Staff

3/7 Ms. Kathy
3/22 Ms. Ann

Family Corner

This month many of the classrooms will be celebrating Dr. Suess and rhyming words. This is also a great opportunity to enjoy reading time with your little one.

Reading with Preschoolers: Make reading a natural part of daily life. Turn your child's play into activities that help them get ready to read and write!

- Be sure your child has time to play with other children so they can learn to communicate with his peers.
- Engage in conversation with your child. Listen to your child and share your own ideas with them.
- Play games with your child using letters, words, numbers, or counting. Learning rhythm and rhyme through songs and finger-plays can help a child get ready to read.
- Take your child to grocery stores, parks, museums, and community events. You'll be helping them learn new words and learn more about the world around them.
- When you make a list or write a note for someone, or when you read the newspaper, a map, or your email, your child sees that reading and writing are useful.
- Talk with your child about signs, schedules, and books, and encourage her to try reading them.
- Read aloud to your child.
- Keep books, magazines, and games at home where your child can use them.
- Keep materials for drawing and writing where your child can use them. can go back to them and "read" them himself.
- The American Academy of Pediatrics recommends that preschool-age children have no more than an hour of screen time each day. After all, there are so many other things to do.



Baby Bunnies

In February, we learned all about LOVE; love for God, love for our families, and love for ourselves and each other! In March, we will learn about Read Across America, St. Patrick's Day, and the first day of Spring.

We have some very active friends in our room. Our friends Finn loved playing with the felt board hearts while June enjoyed marble painting and Maeve the ice painting. Amelia started table food and thoroughly enjoyed her pancakes. Maylee was grooving to some music and Madeline has a favorite baby doll she holds. Iris walks everywhere with assistance.

Ms. Loretta
Ms. JoJo
Ms. Laura



Busy Bees

This month we will be exploring and learning about several different topics.

Week 1: Dr. Suess
Week 2: St. Patrick's Day/Color green
Week 3: Rainbows
Week 4: Weather

Please make sure to have weather appropriate clothes and outerwear for your child(ren) as we will be going outside, weather permitting.

Ms. Helen
Ms. Rae

Classroom News

Sunshines

March is going to be a crazy, mixed up month, full of a varying topics and activities!

First, we will end February and begin March with a week of Dr. Suess, in celebration of his birthday on March 2. The next two weeks will focus on St. Patrick's Day themes, including rainbows (and the gold to which they lead), leprechauns, shamrocks, and the color green.

After that, we will talk about kites and wind, and we will conclude the month with a study of shapes.

Have a wonderful month!

Ms. Wendy
Ms. Cassandra

Shooting Stars

The March wind is blowing in some very fun and magical themes. The color green will be taking over the Shooting Stars room and a Leprechaun is on the loose! We will be starting off the month celebrating Dr. Seuss.

Week 1: Dr. Seuss!
Week 2: Wind/Lion
Week 3: St. Patrick's Day
Week 4: Introduction to Spring
Week 5: Rainbows/Lamb

A special thank you to all of the Shooting Stars families for helping to make the Valentine's Day party a success. We appreciate everything you do!

Ms. Rebecca

Rainbows

Oh, how does the wind blow? Or does it? Will March come in like a lion or a lamb? Through science, the Rainbows will discover the answers to these questions.

"Marching Into March" will be our monthly theme. We will celebrate St. Patrick's Day this month, while learning about the color green, rainbows and Ireland. We will keep moving down the alphabet with Letters S, T, and U.

February 27th- march 3rd: Dr. Seuss/rhyming words
March 6th-10th: Windy weather/Letter S
March 13th -17th: St. Patrick's Day/Letter T
March 20th-24th: Transportation/Lett U
March 27th-March 31st : Christian Living: Samuel

On March 17, our class will celebrate St. Patrick's Day. Many fun events are planned to include games, songs, and a treat. We will have a surprise visit from a leprechaun. We will build a trap and hope to catch his fast feet! Don't forget to wear Green!

On March 2nd we will be celebrating Dr. Seuss's birthday with many fun activities including cooking green eggs and ham! Don't forget to wear red and white that day!

Happy St. Patrick's day,

Ms. Erica



COME MEET OUR NEW PASTOR!!

Pastor Tony Stang is our new lead pastor and we would love for you to visit and get to know him! Our worship times are 10:45 a.m. at Springfield with a variety of Sunday School at 9:15 a.m. Youth and Children Sunday school also meet at 9:15 a.m.

If you are looking for a church home, we are an American Baptist denomination and welcome everyone who wishes to join with us. You may find out more about American Baptists [here](#) or you may wish to visit us at: www.cbcchurchfamily.org



Harvard Psychologists to Parents: Do These 7 Things If You Want to Raise Kids with Flexible, Resilient Brains

This article from contributor Lisa Feldman Barrett comes from years of neuroscience and psychology research. Children's brains are not small adult brains and we can help to mold them to be more flexible and resilient. Some of the ways to do this include:

1. Be a gardener, not a carpenter. In other words, nurture your children to choose what they want to do, not sculpt them into who you want them to be.
2. Talk and read to your children a lot. Talking and reading to them from an early age builds a neural foundation for later learning.
3. Explain things. Just saying "because I said so" doesn't help them understand the reason behind choices or the possible consequences of their choices.

To read more of these tips from Harvard psychologists, click [here](#).

Continued on the next page...

Connected Pairs continued....

Seven Reasons Why Loving Relationships Are Good For You

In this article, health experts share the health benefits of being in a loving relationship. A few of these benefits are:

1. We live longer. People, especially men, live healthier when married and thus live longer.
2. We heal quicker. Doctors see people who have strong support systems recover more quickly.
3. We have lower blood pressure. The secure feeling of a positive relationship calms anxiety and lowers blood pressure.

To read more of these benefits click [here](#).

Blessings,
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