

June 2023 Children's House menu

Toddler substitution in ()

Fruit Selections: Grapes, Apples, Oranges, (bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				1 french toast bites/milk	2. fruit bars/ fresh fruit
Lunch				ham and turkey cobb salad carrots fresh fruit	turkey and cheese wrap cucumbers fresh fruit
PM Snack				teddy grams/juice	cheerio strawberry mix
Breakfast	5. bagels/cream cheese/milk	6. yogurt parfaits/milk	7. rice krispie cereal/milk	8. oatmeal/milk	9. raisin bread/butter/milk
Lunch	mac and cheese peas and corn fresh fruit	cheese pizza green beans Fresh Fruit	chicken fried rice broccoli fresh fruit	pizza pasta salad cucumbers fresh fruit	ham sandwich carrots and ranch fresh fruit
PM Snack	pretzels/juice(I-crackers)	carrots/ranch dip/juice	animal crackers /Juice	grape tomatoes/cheese cube	cheesy chex mix/ juice
Breakfast	12 .toast/jelly/milk	13.waffles/milk	14. cheerios/milk	15. fruit bars/fresh fruit	16.oranges/kix mix/milk
Lunch	hamburger slider green beans fresh fruit	hot ham and cheese tatertots fresh fruit	beef enchilada bake corn fresh Fruit	grilled chicken chicken wrap cucumbers fresh Fruit	veggie and hummus dippers string cheese pita bread fresh fruit
PM Snack	tortilla chips/cheese	carrots/ranch dip/juice	cheese-its /Juice	pepper slices/ club crackers	Junior chex mix/ juice
Breakfast	19.english muffins/milk	20 yogurt parfait/milk	21.cinnamon toast cereal	22.cinnamon oatmeal /milk	23. apples/grams/milk
Lunch	penne Alfredo broccoli fresh fruit	cheese pizza green beans Fresh Fruit	teriyaki turkey meatballs rice fresh fruit	tortellini pasta salad carrots and ranch fresh fruit	turkey and cheese wrap cucumbers fresh fruit
PM Snack	wheat thins(crackers I/T)/Juice	grapes/ritz crackers	goldfish/juice	pita chips(ritz thins I/T)/juice	cheesticks/pretzels
Breakfast	26.cinnamon toast/milk	27. pancakes/milk	28. Kix cereal/ milk	29. banana/gram/milk	30. biscuits/jelly/milk
Lunch	cheese Lasagna green beans fresh fruit	beef tacos corn/peas Fresh Fruit	chicken nuggets mashed potatoes fresh fruit	grilled chicken wrap cucumbers fresh fruit	ham sandwich carrots and ranch fresh fruit
PM Snack	cucumber slices/club cracker	chips & salsa(I,T animal crackers)	Vanilla wafers juice	Triscuits (ritz thins I/T)juice	chex mix/juice
Breakfast					
Lunch					