

June 2023 Children's House menu


Toddler substitution in ()

Fruit Selections: Grapes, Apples, Oranges, bananas, berries, melon

Juice Selections: Apple Grape orange

* wg whole grain

ants on log/ raft: celery or grams with cream cheese and raisins(banana) Banana butterfly: banana w/ pretzels (gram)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	3. bagels/cream cheese/milk	4. Closed	5. rice krispie cereal/milk	6. oatmeal/milk	7. raisin bread/butter/milk
Lunch	mac and cheese broccoli fresh fruit	 waffles/milk	hamburger slider green beans fresh fruit	pizza pasta salad cucumbers fresh fruit	veggie and hummus dippers string cheese pita bread fresh fruit
PM Snack	pretzels/juice(I-crackers)		animal crackers /Juice	grape tomatoes/cheese cube	chex mix/juice
Breakfast	10. toast/jelly/milk	11. waffles/milk	12. cheerios/milk	13 fruit bars/fresh fruit	14. oranges/kix mix/milk
Lunch	spaghatt/meat sauce broccoli fresh fruit	cheese quesadilla peas Fresh Fruit	chicken nuggets mashed potatoes fresh fruit	ham and tureky cobb salad carrots fresh fruit	turkey and cheese wrap cucumbers fresh fruit
PM Snack	tortilla chips/cheese	cheese and crackers	cheese-its /Juice	pepper slices/ club crackers	Junior chex mix/ juice
Breakfast	17 .english muffins/milk	18. yogurt parfait/milk	19. cinnamon toast cereal	20 .cinnamon oatmeal /mil	21. apples/grams/milk
Lunch	mac and cheese peas/corn fresh fruit	cheese pizza green beans fresh fruit	chicken fried rice broccoli fresh Fruit	pizza pasta salad cucumbers fresh Fruit	ham sandwich carrots and ranch fresh fruit
PM Snack	wheat thins(crackers I/T)/Juice	grapes/ritz crackers	goldfish/juice	pita chips(ritz thins I/T)/juice	cheesticks/pretzels
Breakfast	24.cinnamon toast/milk	25. pancakes/milk	26.Kix cereal/ milk	27 .banana/gram/milk	28. biscuits/jelly/milk
Lunch	hamburger slider green beans fresh fruit	hot ham and cheese tatortots Fresh Fruit	beef enchilada bake corn/peas fresh fruit	grilled chicken wrap cucumbers fresh fruit	veggie and hummus dippers string cheese pita bread fresh fruit
PM Snack	cucumber slices/club crackers	chips & salsa(I,T animal crackers)	Vanilla wafers juice	Triscuits (ritz thins I/T)/juice	cheese chex mix/ juice
Breakfast	31. bagels/cream cheese/milk				
Lunch	penne alfredo broccoli fresh fruit				
PM Snack	pretzels/juice(I-crackers)				
Breakfast					
Lunch					

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ham and turkey col

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ob salad